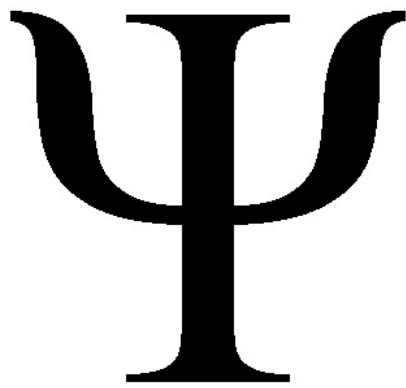


**Ithaca College
Dept. of Psychology**



2021-2022

Advising Handbook

Written by:
Retiree Dr. Ann Lynn; Program Director of Applied Psychology
Updated for Fall 2021

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INTRODUCTION

Welcome to Psychology at Ithaca College! This handbook is designed to help you get acquainted with the Department. It will provide you with specific information about the psychology program at IC and answer some of the questions most frequently asked by our students. This handbook is not intended to take the place of your advisor. However, it should assist you in making the best use of the expertise provided by your advisor. For example, the handbook includes a checklist of courses required of our majors that can be used, in consultation with your advisor, to plan your undergraduate educational experience.

Staff



Maria Russell: Administrative Assistant:
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Full Time Faculty



Mary Turner DePalma, Department Chair: Professor. Ph.D. in Social & Personality Psychology. Cornell University. **Courses taught:** Motivation, Health Psychology, Positive Psychology, Human Motivation Research Team.
Email: depalma@ithaca.edu



Barney Beins: Professor. Ph.D. in Experimental Psychology. City University of New York. **Courses taught:** Research Methods, History of Psychology, Senior Seminar, Psychology of Humor Research Team.
Email: beins@ithaca.edu



Brandy Bessette-Symons: Associate Professor. Ph.D. in Experimental Psychology. Syracuse University. **Courses taught:** Behavioral Neuroscience, Cognition, Matters of the Mind, Emotional & Physiological Influences on Cognition Research Team.
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Natasha Bharj: Assistant Professor. Ph.D. in Social Psychology. University of Kansas. **Courses taught:** General Psychology, Psychology of Gender and Sexual Violence, Introduction to Women's and Gender Studies and Psychology of Women.
Email: nbharj@ithaca.edu



Kathryn Caldwell, Coordinator of the Applied Psychology Major: Associate Professor. Ph.D. in Human Development. University of Maryland, College Park. **Courses taught:** General Psychology, Introduction to Developmental Psychology, Conservation Psychology.
Email: kcaldwell@ithaca.edu



Jessye Cohen-Filipic: Associate Professor. Ph.D. in Counseling Psychology. Virginia Commonwealth University. **Courses taught:** Family Therapy, Forms of Therapy, Professional Seminar in Human Services & Abnormal Psychology.
Email: jcohenfilipic@ithaca.edu



Karen Davis: Assistant Professor, Ph. D. in Clinical Psychology from Sam Houston State University. **Courses Taught:** Professional Development II, Research Methods, Senior Seminar, Statistics, and Forensic Psychology.
Email: kdavis7@ithaca.edu



Amanda Faherty: Assistant Professor. Ph.D. in Developmental Psychology, Clark University. **Courses Taught:** Statistics in Psychology, Intro to Developmental Psychology, Professional Development II, Research Team.
Email: afaherty@ithaca.edu



Tamara Fitzwater Neuroscience Minor Coordinator: Assistant Professor. PhD in Behavioral Neuroscience, Binghamton University. **Courses Taught:** Behavioral Neuroscience, Laboratory in Behavioral Neuroscience, Senior Seminar, Animal models of adolescence and alcohol abuse Research Team.
Email: tfitzwater@ithaca.edu



Jeff Holmes: Professor. Ph.D. in Counseling Psychology. University of Akron. **Courses taught:** General Psychology, Methods of Testing & Assessment, Abnormal & Senior Seminar.
Email: jholmes@ithaca.edu



Judith Pena-Shaff: Professor. Ph.D. in Educational Psychology & Organizational Behavior. Cornell University. **Courses taught:** Introduction to Developmental Psychology, Privilege & Oppression, and Educational & Developmental Psychology Research Team.
Email: jpenaper@ithaca.edu



Cyndy Scheibe Media Literacy Minor Coordinator: Professor & Executive Director, Project Look Sharp. Ph.D. in Human Development and Family Studies. Cornell University. **Courses taught:** Introduction to Developmental Psychology, Infancy, Childhood & Adolescence, Media Literacy & Popular Culture (in Culture & Communication), Media Effects and Media Literacy Research Team.
Email: scheibe@ithaca.edu



Hugh Stephenson, Counseling Minor Coordinator: Associate Professor. Ph.D. in. Southern Illinois University. **Courses taught:** Abnormal Psychology, Senior Seminar, Clinical & Mental Health Research Team
Email: stephens@ithaca.edu



Leigh Ann Vaughn, Psychology Minor Coordinator: Professor. Ph.D. in Social Psychology. University of Michigan. **Courses taught:** Social Psychology, Personality, Senior Seminar, Social Judgement Research Team.
Email: lvaughn@ithaca.edu

Williams Hall



Psychology Department Offices and Laboratories located in Williams Hall.

First Floor Offices – Williams Hall

Department Office & Psychology Library (119)
Mary Turner DePalma, Chair office (119F)
Barney Beins office (115E)
Natasha Bharj office (119C)
Brandy Bessette-Symons office (119N)
Kathryn Caldwell office (115C)
Jessye Cohen-Filipic office (110)
Karen Davis office (119D)
Amanda Faherty office (119J)
Tamara Fitzwater office (119E)
Jeff Holmes office (109)
Judith Pena-Shaff office (115D)
Cyndy Scheibe office (115B)
Hugh Stephenson office (111)
Leigh Ann Vaughn office (115A)

Basement Laboratories – Williams Hall

Motivation lab, Dr. DePalma (B013)
Forensic Psychology lab, Dr. Davis (B012)

First Floor Laboratories – Williams Hall

Media Effects & Media Literacy Research lab, Dr. Scheibe (104)
Clinical & Mental Health lab, Dr. Stephenson (112)
Counseling Psychology, Dr. Cohen-Filipic (108, 128)
Women & Gender Studies, Dr. Bharj (121)
Research on Emerging Adults lab, Dr. Faherty (121)
Emotion & Cognition lab, Dr. Bessette-Symons (127)
Developmental & Educational Psych lab, Dr. Pena-Shaff (113)
Clinical Psychology (108)
Shared Data Collection Space (107)

Second Floor Laboratories & Classrooms

Social & Personality Psychology lab, Dr. Vaughn (215)
Conservation Psychology lab, Dr. Caldwell (214)
Statistics classroom (203)



Center for Natural Sciences Building

Behavioral Neuroscience lab, Dr. Fitzwater (CNS 232)

PROGRAMS OF STUDY

The Department of Psychology offers two degrees: a Bachelor of Arts in Psychology and a Bachelor of Science in Applied Psychology. Currently, about two thirds of the students in the department are in the Psychology B.A. major. A summary comparison of the two programs is below:

Comparing the Psychology B.A. major to the Applied Psychology B.S. major

| | Psychology BA | Applied Psychology BS |
|---|---|--|
| Credits for Degree | | |
| Psychology | 42 | 36 |
| Business related | 0 | 18 |
| Math | 0 | 3-4 |
| Experiential learning | 6 (Research Team) | 6 (Research and/or Internship) |
| Electives + ICC | 72 | 58-59 |
| TOTAL | 120 | 120 |
| Semesters to Complete | 8 | 8 |
| Preparation for Psych Grad school? | Yes | Yes (select Research Team to fulfill experiential requirement) |
| Can you Study Abroad? | Yes | Yes |
| ICC Requirements | Major fulfills the ICC QL and CP requirements | Major fulfills the ICC QL, WI, and CP requirements |

Bachelor of Science in Applied Psychology

Program Coordinator; Kathryn Caldwell

The interdisciplinary Applied Psychology B.S. program provides students with a solid foundation in psychological theories and methods, the business areas and issues to which psychology is commonly applied as well as liberal arts areas needed to address the changing issues and problems they will encounter after graduation. In addition, students connect classroom studies with hands-on, real-world experience through a major-related internship and/or research experience. Graduates are prepared to use their major-related knowledge, skills, and values in occupational pursuits in a variety of settings or in pursuing graduate study in psychology or related fields.

Student Learning Outcomes: BS in Applied Psychology

Upon completion of major requirements, Applied Psychology majors should be able to:

1. Demonstrate an understanding of core psychology and business theories, concepts, findings and methods
2. Demonstrate skills in research design, data analysis and interpretation.
3. Demonstrate effective written and oral communication skills
4. Apply knowledge gained to real world situations.
5. Formulate and pursue realistic career goals

Requirements for BS in Applied Psychology (Effective Fall 2017)

| Completed | Psychology Core | | |
|---|--|--|--------------|
| | PSYC 10300 | General Psychology | 3 |
| | PSYC 20200 | Motivation | 3 |
| | PSYC 20700 | Statistics in Psychology (QL) ¹ | 4 |
| | PSYC 30800 | Research Methods in Psychology ² | 3 |
| | PSYC 30900 | Methods of Testing and Assessment | 3 |
| | PSYC 39800 | Psychology Professional Development II | 1 |
| | PSYC 49200-49299 | Senior Seminar in Psychology | 3 |
| | PSYC 49800 | Capstone in Psychology (CP) | 1 |
| | PSYC XXXXX | Take any one additional Psychology course at any level | 3 |
| | | Total Credit Hours | 24 |
| Professional Core | | | |
| | COMP 11000 | Computers and Information Technologies | 3 |
| | ECON 12100 or ECON 12200 | Prin. of Macroeconomics or Prin. of Microeconomics (QL) | 3 |
| | GBUS 20300 | Legal Environment of Business | 3 |
| | MATH 10500 or MATH 10800 or MATH 11100 | Math for Decision-Making or Calculus for Decision-Making or Calculus I | 3 - 4 |
| | WRTG 21100 | Writing for the Workplace (WI) | 3 |
| | MGMT 20600 | Organizational Behavior & Management | 3 |
| | MKTG 31200 | Principles of Marketing | 3 |
| | | Total Credit Hours | 21-22 |
| Psychology Areas Select 1 course (3 credits) from each area | | | |
| | | Development | 3 |
| | PSYC 10400 | Introduction to Developmental Psychology | |
| | PSYC 36100 | Infancy, Childhood & Adolescence | |
| | PSYC 36600 | Adulthood and Aging | |
| | | Personality & Social | 3 |
| | PSYC 31600 | Social Psychology | |
| | PSYC 32000 | Personality | |
| | | Biological Bases | 3 |
| | PSYC 23200 | Matters of the Mind | |
| | PSYC 31100 | Behavioral Neuroscience | |
| | PSYC 33000 | Cognition | |
| | | Applied | 3 |
| | EDUC 21010 | Educational Psychology | |
| | EXSS 20200 | Sport and Exercise Psychology | |
| | MKTG 32300 | Consumer Behavior | |
| | PSYC 23500 | Conservation Psychology | |
| | PSYC 32100 | Abnormal Psychology | |
| | PSYC 33600 | Forensic Psychology | |
| | PSYC 34100 | Forms of Therapy | |
| | PSYC 34200 | Family Therapy | |
| | | Total Credit Hours | 12 |
| Experiential Learning (Must total 6 credit hours in some combination of the following) | | | |
| | PSYC 30200-30299 | First semester Research Team | 2 |
| | PSYC 30300-30399 | Second semester Research Team | 2 |
| | PSYC 30400-30499 | Third semester Research Team | 2 |
| | PSYC 42000 | Professional Seminar in Human Services | 1 |
| | PSYC 45000 | Internship in Psychology | 1-6 |
| | SOCI / PSYC 40900 | Skills for the Helping Professional | 3 |

Total, requirements for the major

63-64

¹ PSYC 207000 is the prerequisite for PSYC 30800 and PSYC 30900

² PSYC 30800 is the pre- or co-requisite for Research Team

Bachelor of Arts in Psychology

The Psychology B.A. major combines a strong focus in psychology with breadth of study across the traditional liberal arts fields. Through a structured curriculum in psychology and a planned study of representative subjects in the humanities, natural sciences, social sciences, and fine arts, students become familiar with intellectual landmarks and the methods of investigation, analysis, and expression in a variety of disciplines, with particular emphasis on psychology. Because the theory and practice of psychology are grounded in research, the Psychology B.A. has a strong emphasis on research skills and experience. One of the defining features of the major is that students are required to collaborate on research with one or more faculty members and with other students for three semesters. Graduates are prepared for entry-level positions in industry, government, and private human service organizations, as well as for graduate study in psychology and related fields.

Student Learning Outcomes: BA in Psychology

Upon completion of major requirements, Psychology majors should be able to:

1. demonstrate fundamental knowledge and comprehension of the major concepts, theoretical perspectives, historical trends, and empirical findings. Students will be able to discuss how psychological principles apply to human thought, affect, and behavior.
2. understand what scientific inquiry entails and to think critically about its application in psychology.
3. demonstrate an understanding of how sociocultural variables and contexts influence psychological and behavioral processes and outcomes. Students will be able to demonstrate and understanding of how sociocultural assumptions and biases underlie theoretical frameworks, and research process, and our interactions with others.
4. communicate empirical and theoretical information in a variety of formats effectively. They will be able to demonstrate technological and information literacy in finding the communicating psychological information.
5. apply psychology specific content and skills, exhibit collaborative skills, and develop direction for post baccalaureate employment, graduate school, or professional school. Students will be able to understand the need to behave ethically in professional domains.

Requirements for BA in Psychology (Effective Fall 2017)

Note: Unless otherwise indicated, all courses offered Fall & Spring semesters.

Psychology majors must take AT LEAST TWO PSYC COURSES that meet the Sociocultural Competence requirement (CC).

| Introductory Courses | | | |
|--|-----------------------------|--|---|
| Completed | | | |
| | PSYC 10300 | General Psychology | 3 |
| Level 2 Exploration and APA Communication Skill (ACS) Development | | | |
| | 200 – Level Courses | Students must select TWO 200-level courses (excluding PSYC 20700). At least one course must be designated as an ACS course (APA Communication Skills development course). Students also typically choose one 200-level course that meets the CC designation. | 6 |
| Research Sequence | | | |
| | PSYC 20700 | Statistics in Psychology (QL) ¹ | 4 |
| | PSYC 30800 | Research Methods in Psychology ² | 3 |
| | PSYC 30900 | Methods of Testing and Assessment | 3 |
| | PSYC 302xx | First Semester Research Team | 2 |
| | PSYC 303xx | Second Semester Research Team | 2 |
| | PSYC 304xx | Third Semester Research Team | 2 |
| Upper-Level Content Courses | | | |
| | PSYC 31100 | Behavioral Neuroscience | 3 |
| | PSYC 31600 | Social Psychology | 3 |
| | PSYC 32100 | Abnormal Psychology | 3 |
| | PSYC 33000 | Cognition | 3 |
| | PSYC 36100 or PSYC 36600 | Infancy, Childhood & Adolescence (CC) Fall or Adulthood & Aging (CC) Spring | 3 |
| Capstone Courses | | | |
| | PSYC 39800 | Psychology Professional Development II | 1 |
| | PSYC 492xx | Senior Seminar in Psychology | 3 |
| | PSYC 49800 | Capstone in Psychology (CP) | 1 |
| Elective Courses | | | |
| | PSYC XXXXX | Take any one additional Psychology course at any level | 3 |

Summary

Total, requirements for the major

48

¹ PSYC 207000 is the prerequisite for PSYC 30800 and PSYC 30900

² PSYC 30800 is the pre- or co-requisite for Research Team

Psychology Elective Courses Open to both Majors

| Course Number | Title | Credits | Term offered | ICC |
|----------------------|--|----------------|---------------------|------------|
| PSYC 25300 | Selected Topics: Psychology | 1-3 | Irregularly | |
| PSYC 20800 | Positive Psychology | 3 | Yearly | |
| PSYC 11000 | Media Literacy and the Psych of Inquiry | 3 | Spring | SO, THH |
| PSYC 23100 | Health Psychology | 3 | Yearly | SO, TMBS |
| PSYC 23200 | Matters of the Mind: The Neuron & Beyond | 3 | Fall/Spring | SC, TMBS |
| PSYC 23500 | Conservation Psychology | 3 | Spring | SO, TQSF |
| PSYC 24700 | Culture and Psychology | 3 | Yearly | |
| PSYC 26100 | Psychology of Women | 3 | Fall/Spring | DV |
| PSYC 27000 | Social & Cultural History of Psychology | 3 | Fall | |
| PSYC 32000 | Personality | 3 | Fall | |
| PSYC 33400 | Industrial & Organizational Psychology | 3 | Spring odd years | |
| PSYC 33600 | Forensic Psychology | 3 | Spring even years | |
| PSYC 34100 | Forms of Therapy | 3 | Spring | |
| PSYC 34200 | Family Therapy | 3 | Fall | |
| PSYC 35100 | Independent Supervised Study | 1-3 | By petition | |
| PSYC 35200 | Independent Supervised Research | 1-3 | By petition | |
| PSYC 36100 | Infant, Child & Adolescent Development | 3 | Spring | |
| PSYC 36600 | Adulthood and Aging | 3 | Fall | |
| PSYC 45000 | Internship in Psychology | 1-12 | Fall/Spring/Summer | |
| PSYC 45100 | Advanced Independent Supervised Study | 1-3 | By petition | |
| PSYC 45200 | Advanced Independent Supervised Research | 1-3 | By petition | |
| PSYC 46700 | Psychopharmacology | 3 | Irregularly | |

INTEGRATED CORE CURRICULUM (ICC) REQUIREMENTS

In addition to fulfilling major requirements, all students must complete the Ithaca Core Curriculum (ICC) requirements. There are **six categories** of requirements and these are described below. Additional information is available at <http://www.ithaca.edu/icc/>

| | |
|--|------------------|
| Ithaca Seminar | 4 credits |
| An interdisciplinary liberal arts course that supports the academic and social transition to Ithaca College. | |

| Themes and Perspectives ¹ 12 credits | | Complementary Liberal Arts (CLA) ³ 12 Credits | | | | | | | | | |
|--|--------------------|---|---|-----------------|---|-----------------------|---|----------------------|---|--|---|
| Complete four 3-credit perspectives within one theme and integrate how each perspective addresses your theme. | | Specific CLA requirements are determined by degree program or school. | | | | | | | | | |
| <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Creative Arts (CA)</td> <td style="width: 50%; text-align: center;">T</td> </tr> <tr> <td>Humanities (HM)</td> <td style="text-align: center;">h</td> </tr> <tr> <td>Natural Sciences (SC)</td> <td style="text-align: center;">e</td> </tr> <tr> <td>Social Sciences (SO)</td> <td style="text-align: center;">m</td> </tr> <tr> <td></td> <td style="text-align: center;">e</td> </tr> </table> | Creative Arts (CA) | | T | Humanities (HM) | h | Natural Sciences (SC) | e | Social Sciences (SO) | m | | e |
| Creative Arts (CA) | T | | | | | | | | | | |
| Humanities (HM) | h | | | | | | | | | | |
| Natural Sciences (SC) | e | | | | | | | | | | |
| Social Sciences (SO) | m | | | | | | | | | | |
| | e | | | | | | | | | | |

| Competencies ² | Credits |
|----------------------------|---------|
| Academic Writing I | 3 |
| Diversity (DV) | 3 |
| Quantitative Literacy (QL) | 3 |
| Writing Intensive (WI) | 3 |
| ICC Capstone (CP) | 1-4 |

| |
|--|
| Electronic Learning Portfolio |
| Introduced in the Ithaca Seminar and required to complete before graduation. |

| | |
|--------------------|----------------------|
| ICC Program | 28-44 credits |
|--------------------|----------------------|

¹Themes and Perspectives courses may not apply toward a student's primary major program. Students who change themes still need to complete one course from each perspective for the new theme.

²Academic Writing (WRTG10600 or equivalent) is a prerequisite for writing intensive courses; you may also receive credit for completing this requirement by scoring a 4 or 5 on the AP examination in English Literature & Composition or English Language & Composition. The attributes, DV, QL, WI, and CP may be completed through any designated major, minor, themes and perspectives, complementary liberal arts, or elective course.

1. Ithaca Seminar (4 credits)

In the Fall of students' first year they will take an interdisciplinary seminar course. Ithaca Seminars numbered 108xx and 118xx are equivalent to WRTG 10600.

2. Themes and Perspectives (12 credits)

Students will take four courses from the same Theme. Each course will each be from a different perspective: Creative Arts (CA), Humanities (HM), Natural Sciences (SC), and Social Sciences (SO).

- a. Creative Arts (CA) (3 credits)
- b. Humanities (HM) (3 credits)
- c. Natural Sciences (SC) (3 credits)
- d. Social Sciences (SO) (3 credits)

ICC Theme abbreviations

Identities (TIDE)
World of Systems (TWOS)
Inquiry, Imagination, Innovation (TIII)
Mind, Body, Spirit (TMBS)
Power & Justice (TPJ)
The Quest for a Sustainable Future (TQSF)

Themes and Perspectives courses may not apply toward a student's major program. Students who change Theme need to complete one course from each Perspective for their new theme. Theme and Perspective courses MAY be taken S/D/F.

3. Competencies (3-4 credits)

Academic Writing is a pre-requisite for writing intensive courses. Mathematics competency is a pre-requisite for quantitative literacy courses; students who scored a 4 on the math must fulfill math competency by passing MATH 10000.

- a. First-Year Composition (3 credits): All students must successfully complete WRTG 106 or score a 4 or 5 on the AP English Lit or English Language test to take the required writing intensive (WI) course.
- b. Math placement score of 1, 2 or 3.: **A score of 1-3 is required for PSYC 207.**

Based on the results of the exam, students are initially assigned to one of the four placement groups. This determines where they can enter the mathematics curriculum. Students can move from one group to another as follows:

Group 4: The student must take MATH 10000 before any other mathematics course. Passing MATH 10000 with a C- or better qualifies the student to take courses with a group 3 prerequisite. (Students who are QL-ready may take MATH 16200 or MATH 16300.)

Group 3: The student may take mathematics courses MATH 10400, MATH 10500, MATH 11000, MATH 15200, and MATH 15500. Completion of MATH 10400 or MATH 11000, or with a C- or better qualifies the student to take courses with a group 2 prerequisite.

Group 2: The student may take MATH 10800, MATH 11000, MATH 14400, MATH 14500, and MATH 16100 as well as any course that a group 3 student may take. Students are encouraged to take one of the courses listed here. Completion of MATH 11000 with a C- or better qualifies the student to take courses with a group 1 prerequisite.

Group 1: The student may take any course in the mathematics offerings other than MATH 10000 and MATH 11000, provided the course prerequisites are met. Students in group 1 are encouraged to take courses with group 1 or group 2 prerequisites.

4. Attributes (9-13 credits)

Students must take four courses with the attributes listed below. Attributes may be completed through any designated course within the major, minor, themes and perspectives, or electives. In other words, they can double dip. Attribute courses may be taken S/D/F.

- a. Diversity course (DV) (3 credits)
- b. Quantitative Literacy (QL) (3 credits)
- c. Writing Intensive (WI) (3 credits)
- d. ICC Capstone (0-4 credits)

5. Complementary Liberal Arts (CLA) Requirement (15 credits)

H&S students are required to take 12 additional credits in courses designated as Liberal Arts (LA) in the catalog.

- a. Students in H&S may fulfill the 12 credits of the CLA in one of several different ways:
 - a declared **minor** program of study (with 12 hours of courses designated LA) **OR**
 - a declared **second major** program of study **OR**
 - a defined sequence of **second language study OR**
 - an intentional, **self-designed** suite of courses

The courses that will count in the student's CLA option must be outside the student's primary major requirements (i.e., named courses, courses from specific departments, and proficiency-based requirements).

After your first semester, but **before the end of your fourth semester**, you should meet with your academic advisor in order to review and discuss your plans for completing the H&S Complementary Liberal Arts credits. Once you have settled on an option, you will complete the electronic [H&S CLA Planning Statement](#).

The Planning Statement must be on file by the end of your fourth semester at the College, if you matriculated as a freshman. If you enter IC as a transfer student, your Statement must be on file by the end of your first year at the College.

All courses taken to fulfill the CLA must be taken at Ithaca College for a letter grade. Courses taken in an affiliated study abroad program or at Cornell University may be applied to the H&S CLA through the normal petition and transfer credit process.

More details about the H&S CLA requirement can be found at <http://www.ithaca.edu/hs/advising/hscla/>

6. Electronic Learning Portfolio

Each student is required to complete an ICC electronic learning portfolio before graduation. The electronic learning portfolio will be introduced in the Ithaca Seminar course and will be developed over the course of the student's time at Ithaca College.

Transfer Students and the ICC

Students *admitted to Ithaca College as transfer students* (this typically means they were enrolled as a full-time at another college) have a revised set of ICC requirements. Below is a summary of these requirements. More information can be found at: <https://www.ithaca.edu/advising/fgcstv/transfer/>

SUMMARY OF ICC REQUIREMENTS FOR ITHACA COLLEGE TRANSFER STUDENTS

(SCHOOL OF HUMANITIES & SCIENCES)

| ICC REQUIREMENTS | ASSOCIATE OF ARTS (A.A.), ASSOCIATE OF SCIENCE (A.S.), BACHELOR'S DEGREE | | ASSOCIATE OF APPLIED SCIENCE (A.A.S.) ² | | NO ASSOCIATE'S DEGREE ² | |
|---|---|--|---|--|---|--|
| | ITHACA COLLEGE SEMINAR | All transfer students will enroll in: <i>ICSM 19000: Transfer Student Seminar</i> | 1 cr | All transfer students will enroll in: <i>ICSM 19000: Transfer Student Seminar</i> | 1 cr | All transfer students will enroll in: <i>ICSM 19000: Transfer Student Seminar</i> |
| THEME | All transfer students will be enrolled in the <i>Liberal Arts and Society</i> theme | | All transfer students will be enrolled in the <i>Liberal Arts and Society</i> theme | | All transfer students will be enrolled in the <i>Liberal Arts and Society</i> theme | |
| PERSPECTIVES ¹ | Fulfilled by <i>prior degree</i> | 0 cr | May be fulfilled by transfer courses (Courses must transfer as Liberal Arts credit) | 12 cr | May be fulfilled by transfer courses (Courses must transfer as Liberal Arts credit) | 12 cr |
| QUANTITATIVE READINESS | Fulfilled by <i>prior degree</i> Students should take <i>Math Placement and Quantitative Literacy exam</i> if program: • Requires specific math courses • Has courses with math requirements | 0-1 cr | Students should take <i>Math Placement and Quantitative Literacy exam</i> if program: • Requires specific math courses • Has courses with math requirements • And QL is not met by <i>transfer course</i> | 0-1 cr | Students should take <i>Math Placement and Quantitative Literacy exam</i> if program: • Requires specific math courses • Has courses with math requirements • And QL is not met by <i>transfer course</i> | 0-1 cr |
| QUANTITATIVE LITERACY | Fulfilled by <i>prior degree</i> | 3 cr | May be fulfilled by <i>transfer courses</i> | 3 cr | May be fulfilled by <i>transfer courses</i> | 3 cr |
| FIRST-YEAR COMPOSITION | Fulfilled by <i>prior degree</i> | 3 cr | May be fulfilled by <i>transfer courses</i> | 3 cr | May be fulfilled by <i>transfer courses</i> | 3 cr |
| WRITING INTENSIVE | Fulfilled by <i>prior degree</i> | 3 cr | May be fulfilled by <i>transfer courses</i> | 3 cr | May be fulfilled by <i>transfer courses</i> | 3 cr |
| DIVERSITY | Fulfilled by <i>prior degree</i> | 3 cr | May be fulfilled by <i>transfer courses</i> | 3 cr | May be fulfilled by <i>transfer courses</i> | 3 cr |
| COMPLEMENTARY LIBERAL ARTS (CLA) | Fulfilled by <i>prior degree</i> | 0 cr | Completed by all transfer students: http://www.ithaca.edu/bs/advising/docs/cla/nhs/claplanstmattransfer/ | 12 cr | Completed by all transfer students: http://www.ithaca.edu/bs/advising/docs/cla/nhs/claplanstmattransfer/ | 12 cr |
| CAPSTONE & EPORTFOLIO | All transfer students are required to: • Complete an <i>ICC Capstone</i> course ◦ May be part of major requirements • Complete the <i>ePortfolio</i> | 1 cr | All transfer students are required to: • Complete an <i>ICC Capstone</i> course ◦ May be part of major requirements • Complete the <i>ePortfolio</i> | 1 cr | All transfer students are required to: • Complete an <i>ICC Capstone</i> course ◦ May be part of major requirements • Complete the <i>ePortfolio</i> | 1 cr |
| ¹ Cannot be fulfilled by course requirements for the student's major ² All transfer courses will be evaluated by the Office of the Registrar on a case-by-case basis (Additional equivalency review of transfer courses may be provided by the Director of the ICC) | | | | | | |

CENTER FOR ACADEMIC ADVANCEMENT
Academic Advising Center
607.274.1001 | advisingcenter@ithaca.edu

MINORS

A minor is a structured plan of study that is in an area outside of the major. Students in both the Psychology BA and Applied Psychology BS programs *may* choose a minor (**it is not required**). Some minors may be used to fulfill the CLA requirement for the ICC. Students may choose any minor Ithaca College offers, except for the minor in Psychology. A full listing of the available minors can be found in the *Undergraduate Catalog*. To register for a minor, you must complete paperwork with the department that offers the minor. The latest students can register for a minor is the end of the semester preceding the semester of graduation. In order to complete the requirements of a minor the department recommends that students register for a minor no later than the Junior year.

The Psychology department helps to support several interdisciplinary minors designed for majors in our department: Neuroscience, Counseling, and Media Literacy.

Neuroscience Minor

Coordinator: Tamara Fitzwater (tfitzwater@ithaca.edu)

| Course Number | Course Title | Credits | Term offered |
|--|---|---------|--------------------|
| Required courses | | | |
| BIOL 11900 or BIOL 12100 | Fundamentals of Biology I or Principles of Biology I | 4 | Fall |
| PSYC 10300 | General Psychology | 3 | Fall/Spring/Summer |
| PSYC 31100 | Behavioral Neuroscience | 3 | Fall/Spring |
| BIOL 31500 | Neurobiology | 4 | Spring |
| PSYC 49250 or BIOL 49250 | Seminar in Neuroscience | 3 | Spring |
| Restricted electives <i>Select 6 to 8 credits from the following:</i> | | | |
| BIOL 21400 | Animal Physiology | 4 | Fall |
| BIOL 22700 | Genetics ³ | 4 | Spring |
| BIOL 30200 | Research in Biology | 3 | |
| BIOL 30800 | Animal Behavior ⁴ | 4 | Fall even |
| BIOL 34500 | Developmental Biology ⁵ | 4 | Spring |
| BIOL 35400 | Cell Biology ⁶ | 4 | Fall |
| BIOL 40000 | Research in Biology | 1-3 | Fall |
| EXSS 32000 | Neuromuscular Control | 3 | |
| EXSS 45000 | Independent Study in ESS | .5-3 | |
| EXSS 45100 | Independent Study in ESS | 1-3 | |
| EXSS 47500 | Research Team I : ESS | 1-3 | |
| OTBS 41000 | Neuroscience | 3 | |
| PSYC 23200 | Matters of the Mind | 3 | Fall/Spring |
| PSYC 30200-30299 | First Semester Research Team | 2 | Fall/Spring |
| PSYC 30300-30399 | Second Semester Research Team | 2 | Fall/Spring |
| PSYC 30400-30499 | Third Semester Research Team | 2 | Fall/Spring |
| PSYC 33000 | Cognition | 3 | Fall/spring |
| PSYC 35200 or PSYC 45200 | Independent Supervised Research | 1-5 | |
| PSYC 46700 | Psychopharmacology | 3 | |

TOTAL CREDITS FOR MINOR

25-27

Students in the Psychology department can use this minor to meet the CLA requirement in the ICC

³ Requires CHEM 12100

⁴ Requires a 200 level Biology course (excluding BIOL 205)

⁵ Requires BIOL 227

⁶ Requires BIOL 227 & CHEM 221

Counseling Minor

Coordinator: Jessye Cohen-Filipic (jcohenfilipic@ithaca.edu)

Note: ICC designations in parentheses

| Course Number | Course Title | Credits | Term offered |
|--|--|---------|--------------------|
| <i>Core Courses</i> | | | |
| SOCI 21700 | Mental Health in Historical and Social Contexts (DV) | 3 | Fall/Spring |
| PSYC 32100 | Abnormal Psychology | 3 | Fall/Spring/Summer |
| PSYC 34100 | Forms of Therapy | 3 | Fall/Spring |
| <u>SOCI/ PSYC 40900</u> | Skills for the Helping Professional | 3 | Fall/Spring |
| Two courses with the attribute CNSL Counseling Elective (see Homer Connect for list of courses)* | | 6 | |

TOTAL CREDITS FOR MINOR 18

*If you search for classes in the catalog, and use the advanced search, you can select Counseling under the ATTRIBUTE section.

Psychology B.A. students may only count two courses in this minor toward the Psychology B.A. major. This limitation DOES NOT apply to Applied Psychology B.S. majors.

Students in the Psychology department may use this minor to meet the CLA requirement of the ICC if they take at least 12 liberal arts credits that do not also count toward their major requirements.

Media Literacy Minor

Coordinator: Cyndy Scheibe (scheibe@ithaca.edu)

| Course Number | Course Title | Credits | Term offered |
|---|---|----------------|--------------------------------|
| <i>Core Courses</i> | | | |
| PSYC 11000 | Media Literacy and the Psychology of Inquiry | 3 | |
| <i>Select ONE from the following</i> | | 3-4 | |
| ARTH 13500 | Introduction to Visual Culture | 3 | |
| CLTC 10000 | Introduction to Culture and Communication | 3 | |
| CMST 12000 | Comm, Culture, & Rhetoric | 3 | |
| CNPH 10100 | Introduction to Film Aesthetics and Analysis | 3 | Only open to Park students (?) |
| TVR 12100 | Introduction to Mass Media | 3 | |
| TVR 12200 | Introduction to Media Aesthetics and Analysis | 3 | |
| TVR 12400 | Introduction to Media Industries | 4 | |
| <i>Interdisciplinary Media Analysis Perspectives</i> | Select six credits from courses with the attribute "MAP" with two different subject code prefixes | 6 | |
| <i>Media Creation</i> | Select three credits from courses with the attribute "MC" | 3 | |
| <i>Media Literacy Application</i> | Select three credits of internship, independent study or other experiential course that focuses on the application of media literacy, approved by the minor program coordinator | 3 | |

Education Studies Minor

Many Psychology graduates eventually go into education either as classroom teachers, or in related fields.

| Course Number | Course Title | Credits | Term offered |
|--|---|---------|--------------|
| Core Courses | | | |
| EDUC 21010 | Educational Psychology | 3 | Fall, Spring |
| EDUC 34000 | Social and Cultural Foundations of Education (DV) | 3 | Fall, Spring |
| EDUC 49600 | Capstone Seminar in Education Studies | 1 | Fall, Spring |
| Note: EDUC 49700 must be taken for 3 credits; the course is restricted to students with junior or senior status and requires a formal proposal and advance approval from the instructor. | | | |
| Restricted Electives <i>Students select a minimum of 11 credits from among the following courses:</i> | | | |
| ANTH 25000 | Human Biological Diversity | 3 | Fall, Spring |
| CMST 11500 | Business & Professional Comm | 3 | Fall, Spring |
| CSCR 43300 | Education, Oppression, and Liberation | 3 | Fall, Spring |
| EDUC 10200 | Reading Foundations | 2 | Fall, Spring |
| EDUC 20000 | Education and Society | 3 | Fall, Spring |
| EDUC 20200 | Literacy Education for the Middle/Secondary School Teacher <i>[Note: not listed in Ed Minor Options but eligible for waiver/sub]</i> | 2 | Fall, Spring |
| EDUC 21800 | Introduction to Pedagogy and Practice | 3 | Fall, Spring |
| EDUC 21910 | Early Field Experience: Theory and Practice | 3 | Fall, Spring |
| EDUC 22000 | Issues in Elementary Education | 3 | Fall, Spring |
| EDUC 22900 | Second Language Acquisition: Its Nature and Meaning for Educators | 3 | Fall, Spring |
| EDUC 23900 | Educating Students with Special Needs in Diverse Classrooms | 3 | Fall, Spring |
| EDUC 29900 | Research project in Education | 3 | Fall, Spring |
| EDUC 290xx | Special Topics in Education | 3 | Fall, Spring |
| EDUC 37000 | Culture and Community in Education and Teaching | 3 | Fall, Spring |
| EDUC 49700 | Fieldwork in Education | 1-9 | Fall, Spring |
| HLTH 11000 | War, Hunger, and Genocide: An International Health Perspective | 3 | Fall, Spring |
| ENGL 35100 | Studies in Young Adult and Children's Literature | 3 | Fall, Spring |
| ENGL 38700 | Teaching Literature in Middle School and High School | 3 | Fall, Spring |
| MATH 16300 | Numbers in Education | 3 | Fall, Spring |
| MATH 22000 | Mathematics for Childhood Education | 3 | Fall, Spring |
| PHIL 26000 | Difference and Community | 3 | Fall, Spring |
| POLT 23000 | The Holocaust | 3 | Fall, Spring |
| POLT 33500 | Crossing Borders/Global Migration | 3 | Fall, Spring |
| PSYC 10400 | Introduction to Developmental Psychology | 3 | Fall, Spring |
| STCM 21000 | Instructional Design | 3 | Fall, Spring |
| WGST 22000 | Queer Studies (DV) | 3 | Fall, Spring |
| | | | |
| | | | |

TOTAL CREDITS: 18

Students in the Psychology department can use this minor to meet the CLA requirement in the ICC

Business Minor

This minor overlaps with the Applied Psychology major so Applied Psych students can complete it with only **three** courses beyond their major requirements. Courses in italics “double dip” with Applied Psychology.

| Select any six of the following courses | | |
|--|---|----------------|
| Course Number | Course Title | Credits |
| <i>GBUS 20300</i> | <i>Legal Environment of Business</i> | 3 |
| <i>MKTG 31200</i> | <i>Principles of Marketing</i> | 3 |
| <i>MGMT 20600</i> | <i>Organizational Behavior & Management</i> | 3 |
| MGMT 30200 | Applied Ethical Issues in Management ¹ | 3 |
| MGMT 26000 | Business Analytics & Technology ¹ | 3 |
| INTB 26500 | International Business Operations ² | 3 |
| ACCT 22500 | Financial Accounting ¹ | 3 |
| ACCT 22600 | Management Accounting | 3 |
| FINA 31100 | Business Finance | 3 |
| MGMT 34500 | Operations Management | 3 |

TOTAL CREDITS FOR MINOR 18

NOTES:

1. The prerequisites for these courses are built into the Applied Psychology major
2. INTB 26500 requires both Macro AND Micro Economics

Marketing Minor

This minor overlaps with the Applied Psychology major so Applied Psych students can complete it with only **two** courses beyond their major requirements. Courses in italics “double dip” with Applied Psychology.

| Course Number | Course Title | Credits |
|---------------------------------|--|----------------|
| <i>PSYC 20700</i> or MATH 14400 | <i>Statistics in Psychology</i> or Statistics for Business, Economics and Management | 4 |
| <i>MKTG 31200</i> | <i>Principles of Marketing</i> | 3 |
| <i>MKTG 32300</i> | <i>Consumer Behavior</i> | 3 |
| MKTG 41100 | Marketing Analytics | 3 |
| MKTG 49100 | Digital Marketing | 3 |

TOTAL CREDITS FOR MINOR 16

Business Analytics Minor

This minor is ideal for students interested in research and statistical analysis.

| Course Number | Course Title | Credits |
|---|---|----------------|
| <i>PSYC 20700</i> or MATH 14400 or MATH 14500 or MATH 21600 | <i>Statistics in Psychology</i> or Statistics for Business or Statistics for Health or Statistical Analysis | 3-4 |
| MATH 24600 | Intermediate Statistics | 3 |
| MGMT 26000 | Data Analytics I | 3 |
| MGMT 36500 | Analytics II | 3 |
| MGMT 48100 | Advanced Decision Making with Analytics | 3 |

TOTAL CREDITS FOR MINOR 15-16

Other Minors by Career Goal

While students can select any minor (except Psychology) offered at Ithaca College, the table below contains suggestions for minors that compliment different areas of psychology.

| Area of Interest | Related IC Minors |
|--|--|
| Therapy | Counseling Religious or Jewish Studies (Pastoral counseling) Women's and Gender Studies Art or Dance (art or dance therapy) Health (substance abuse counseling) Business (if planning private practice) |
| Forensic psychology/Law | Legal Studies Sociology History Politics |
| School/Educational psychology | Education Studies Sociology Counseling |
| Teaching | Education Studies Deaf Studies Dual Major (e.g., Social Studies with Teaching Option & Psych) |
| Health psychology | Health Biology |
| Sport psychology | Coaching Exercise Science Recreation Outdoor Pursuits Sport & Exercise Psychology |
| Allied Health (nutrition, PT/OT, PA, Nursing) | Biology Nutrition Promotion Communication Disorders Exercise Science Neuroscience |
| Neuropsychology/experimental psychology | Neuroscience Biology Math |
| Industrial/Organizational psychology Management | Pre-MBA Business Occupational Science International Business Studies Health Policy & Management Communication Management & Design |
| Human Factors | Environmental Studies |
| Environmental psychology | Environmental Studies Art Art History |
| Cognitive psychology | Biology Math |
| Testing/Measurement/Statistics | Math Business Analytics Data Science |
| Social psychology | Sociology Anthropology Latino/a/x Studies African Diaspora Studies Asian American Studies Muslim Cultures Latin American Caribbean Studies Native American and Indigenous Studies Women's, Gender, and Sexuality Studies |
| Consumer behavior, Advertising, Marketing, Sales | Marketing Business Integrated Marketing Communication |
| Human Development | Aging Studies Women's, Gender, and Sexuality Studies |

Other Minors that may make you more marketable: Spanish, Writing, Deaf Studies, Computer Science

Pre-Medical Preparation

All students interested in a career in a health-related field (allopathic medicine, osteopathic medicine, veterinary medicine, podiatric medicine, chiropractic medicine, dentistry, optometry, etc.) should examine the detailed information available at the Pre-Medical option website: <http://www.ithaca.edu/hs/pre/med>

Below is a list of required courses for most health science professions. Students should be aware that some schools have specific course requirements beyond this list and they should check the specific requirements for the programs they are interested in.

Most of the courses on this list are sequential (e.g., you have to take Biology I before Biology II) and are NOT offered both Fall and Spring. So, it takes **three years** to complete this curriculum at Ithaca College.

| Course Number | Course Title | Credits |
|---|---|---------|
| BIOL 11900 & BIOL 12000 or BIOL 12100 & BIOL 12200 | Fundamentals of Biology I & II Principles of Biology I & II | 8 |
| CHEM-121 | Principles of Chemistry | 4 |
| CHEM 122 | Principles of Chemistry Lab | 1 |
| CHEM-221 | Organic Chemistry I | 3 |
| CHEM-222 | Organic Chemistry II | 3 |
| CHEM-232 | Quantitative Chemistry | 3 |
| CHEM-234 | Quantitative Chemistry Lab | 1 |
| CHEM-225 | Experimental Chemistry II | 2 |
| PHYS 10100 & PHYS 10200 or PHYS 11700 & PHYS 11800 | Introduction to Physics I & II or Principles of Physics I & II | 8 |
| ENGL-XXX | English | 3 |
| WRTG-XXX | Writing | 3 |
| PSYC 20700 or MATH | Statistics | 3-4 |
| PSYC 103 or 104 or 201 | General or Developmental Psychology | 3 |
| SOCI 101 | Intro to Sociology | 3 |

Courses recommended, but not required include: Calculus, advanced Biology, Chemistry, or Physics

Suggested upper level electives useful for Med School:

Biochemistry (*highly recommended – may become a requirement in the near future*), Physiology, Developmental Biology, Microbiology, Neurobiology, Parasitology, Endocrinology

Students in the psychology department should see the Appendix for recommended schedules to use to combine pre-med with the BA and BS programs.

Students in the Psychology department can use courses from this program to meet the CLA requirement in the ICC (use the “Self-designed suite” option).

ADVISING AND REGISTRATION

Your Academic Advisor

Every student in the psychology department is assigned a department faculty member to serve as his/her academic advisor. B.S. in Applied Psychology students are all advised by the program coordinator, Professor Caldwell, unless they request a different advisor. B.A. in Psychology students are distributed among the other continuing faculty. In general, you do not have to stay with your assigned advisor if you want to switch to someone else in the department.

At a minimum, you must see your advisor prior to class registration in the fall and in the spring. During these meetings you will review your progress toward graduation, career and academic interests, plan for the upcoming semester and get your registration access code so that you can register for classes. During the advising period for registration, come with a list of courses you are interested in taking next term, alternative course choices, and the meeting times for these courses. In addition to these two required meetings, you should feel free to see your advisor at any time that you need help. You are in charge of your decisions; your advisor is there to provide advice, not make decisions for you. More information about all things advising can be found at <http://www.ithaca.edu/hs/advising/>.

Tracking Your Progress

It is your responsibility to be aware of the requirements for your degree and what you need to do to graduate on time. The official requirements for graduation are contained in the Ithaca College Undergraduate Catalog for the academic year that you declared your major. So, if you entered IC in the Fall of 2017 as a Psychology BA major, you will need to complete the requirements for the degree that were published in the 2017-2018 catalog. However, if you entered IC in the Fall of 2017, but did not officially become a major until Fall of 2018, you need to complete the requirements for the degree that were published in the 2018-2019 catalog.

Your advisor will help you understand what requirements you have completed, and what you need to complete. However, the most accurate source of information is Ithaca College's degree audit software called **Degree Works**. You can use this application to track your progress in your major, your minor AND figure out what you would need to complete if you wanted to switch or add a major or a minor. For more information see: https://www.ithaca.edu/registrar/degree_eval/

Paperwork

Most of the paperwork you will need to do (e.g. Course Override Requests, Change of Major) can be found in IC Workflow. All other forms on are the Registrar's website. A complete list of forms and their location can be found here: <https://www.ithaca.edu/registrar/students/>

Academic Advisor

- An official of the college who assists students in pursuing his/her educational goals. At IC, there are two different types of advising resources: professional academic advisors and faculty advisors.

Add/Drop

- Ability to add or drop courses to your schedule without any academic penalty.
- Consult the Office of the Registrar's Academic Calendar for specific dates for Add/Drop for each semester.

Block 1 and Block 2 Courses

- **Block I** courses meet during the first 7 weeks of the semester.
- **Block II** courses meet during the last 7 weeks of the semester.

Credit Hours

- Time requirements associated with a course.
- **EX: A 1 credit course generally meets for 1 hour per week and a 4 credit course meets for 4 hours per week.**
- **Outside expectations**
 - A general rule of thumb: devote 3 hours of time outside of class (homework, reading, studying, etc.) for every 1 hour you spend in class each week. For a typical 3 credit class you should be devoting 9 hours per week to outside work.

Class Day Codes

- These codes are used in Homer to show which days of the week a course is offered:
 - **M** Course meets on **Monday**
 - **T** Course meets on **Tuesday**
 - **W** Course meets on **Wednesday**
 - **R** Course meets on **Thursday**
 - **F** Course meets on **Friday**

Example: A course listed as **TR** meets on **Tuesday and Thursday**. A course listed as **MWF** meets on **Monday, Wednesday and Friday**.

Course Prefixes and Levels

- **Course prefix** = subject (for example, CMST = Communication Studies; PSYC =Psychology).
- **Course number (5 digits)**. Indicates information about course, including level of difficulty.
 - CMST 11500 *Business and Professional Communication* is a **Level 1** course – it starts with "1".
 - SOCI 20700 *Race and Ethnicity* is a **Level 2** course – it starts with "2".
 - **Level 3 and 4** courses are generally taken by juniors and seniors.

Course Reference Number (CRN)

- Unique five digit identification number associated with a specific class and time.
- Located after the course title in HomerConnect (before course prefix and level).
- **IMPORTANT:** During registration, you will need the CRN for every course and lab that you want to take.

Dean's List

- Academic recognition for performance during a given semester.
- You must enroll in **15 credit hours** in a semester to be eligible for the Dean's list that semester.
- **12 of the 15 credits must be taken for a grade; 1 course may be ungraded (Pass/Fail or SDF).**
- Specific GPA requirements to be on the Dean's List vary depending on School.

HomerConnect (www.ithaca.edu/homer)

- Used to register for classes, to request a transcript, to search for classes, to view your placement test scores and to keep track of the courses you have taken and how they fulfill graduation requirements for your major (your degree evaluation).
- Your HomerConnect ID is your student number. HomerConnect also requires that you create a PIN.

Placement Exams

- Used to make sure students are beginning at the correct level of a course that requires prior knowledge. Some examples include:
 - **Mathematics placement exam**
 - **Quantitative literacy readiness exam**
 - **Language placement exam**
- Placement exams are available through Sakai as part of the orientation process: <https://sakai.ithaca.edu>.
- Additional proficiency exams may be required depending on a student's academic program of study.

Prerequisite

- Indicates a course or criterion which must be completed prior to enrolling in another course.
- You can check prerequisites by looking at course descriptions in the catalog. www.ithaca.edu/catalogs/

S/D/F Option

- Allows exploration and experimentation in curricular areas in which there is little or no previous experience.
- You may take one course per semester on a Satisfactory/D/Fail basis.
- You can use the S/D/F option a total of four times during your whole time at IC.
- Courses required for your major or minor cannot be taken SDF.
- You also have the option to revoke the SDF option at mid-term time (check the Academic Calendar for dates).
- To get an "S" for the course, you must earn a C- or better. The "S" does not factor into your GPA. If you get a D or F it will show on your transcript and factor into your GPA.

Semester Course Load

- **12 credit hours** – Full time status as an Ithaca College student
- **15 credit hours** – Minimum number you need to take each semester to stay on track to graduate in four years
- **18 credit hours** – Maximum number you can take without being charged extra tuition.

Seminar

- Designed to promote deeper study and discussion of a subject and may have a lower cap on the number of students allowed to enroll.
- First- year students are required to take the Ithaca College Seminar (ICSM).

Withdrawals

- Removing a class from your course schedule once the add/drop period has passed.
- Consult the Academic Calendar for the withdrawal deadline.
- If you withdraw from a course, a "W" will appear on your transcript and degree evaluation. The "W" does not factor into your GPA.
- Consult with an advisor to understand the ramifications of taking a "W" for a course.

Registration Terms and Rules

EXPERIENTIAL LEARNING

Experiential learning is when students make meaning out of direct experience. It is basically learning by doing. Internships are one example of experiential learning, but there are several other opportunities for experiential learning in the Psychology Department at Ithaca College.

Internships

An internship is a learning experience which allows a student to synthesize his/her academic learning in psychology with the real-world uses of psychology. Internships are important to students planning to search for a job after graduation from IC as well as those planning to attend graduate school. For those planning to work, research shows that students who do internships earn more money in their first job than students who do not do internships⁷. Graduate school application committees (particularly those in clinical and counseling) also value real world experience in some type of human service setting.

For students in the Psychology BA program, an internship is a highly recommended elective. For students in the Applied Psychology BS program 6 credits in internship is an option for completing the experiential learning requirements. All students in the Counseling minor are required to complete 3 credits of internship—these credits can also count toward the Applied Psychology experiential learning requirement.

Types of Internships

There are two types of internships – those you do for college credit and those you do for no credit. Both types look equally good on a resume.

Internships for credit. Juniors and seniors can earn college credit hours (up to 12 hours a semester) for an appropriate internship. Internships for credit can be taken either during Fall or Spring semesters, or during the summer. In general, students are required to devote 60 hours to the internship for each credit earned. For a 3-credit internship this translates to 180 hours over the semester or about 12 hours a week. This time includes time spent working at the internship site and time spent doing other tasks (reading, writing, etc.) related to the internship. Students doing a summer internship for credit have to register and pay for the credit hours at Ithaca College. Students may earn credit hours and be paid for an internship.

Internships for no credit. Students can sometimes do internships without registering for college credit hours. These might be paid internships, or volunteer. The advantage to these internships is that they may be open to Freshman and Sophomores, and summer internships do not require students to pay additional tuition. However, many internships with for-profit organizations require student interns to register for credit hours. Before applying for an internship you should find out if the organization requires you to register for internship credit hours.

Minimum Prerequisites for an Internship for Credit

- Must have completed 75% (90 credits) of their program. For most students this is in the Junior year.
- Not on warning for credits or grades. This means that you must be making progress toward graduation and have a GPA of 2.0 or higher.

See <https://www.ithaca.edu/hs/students/experiential/learninginhs/> for more information. Many internships have additional requirements in terms of coursework and/or grades.

⁷ Godofsky, J., Zukin, C. & Van Horn, C. (2011). Unfulfilled expectations: Recent college graduates struggle in a troubled economy. WorkTrends report from the John J. Heldrich Center for Workforce Development, Rutgers University.

Getting an Internship

No one at Ithaca College will “find” an internship for you. You need to search and apply for internships the same way you search and apply for jobs. The most successful applicants are those who have completed some coursework related to the internship with good grades and have a professional appearing resume and cover letter. Below are some resources that can help you in your search:

Internships in Human Services. Students interested in internships related to clinical or counseling psychology should see Dr. Stephenson or Dr. Cohen-Filipic. They have suggestions for local placements working with people. Students in the Counseling minor are required to do a human service internship for credit.

Internships in Education/School Psychology. Students considering school psychology or a career in education should see Dr. Pena Shaff for suggestions for local placements. Students committed to earning a master’s in education – those who want to teach at the K-12 level – should contact the Education Department to try to take EDUC 21910 (Early field experience).

Internships in other Settings. The majority of psychology majors have careers that may seem unrelated to psychology. They work in management, business, law, marketing, advertising, etc. Students interested in internships in these areas should see Dr. Caldwell.

Sources for Internship Placements

| Internship Field | Website | Notes |
|---|---|---|
| Human Resource Management, Law, Business, Marketing | https://careerservices.ithaca.edu/ | IC Career Services |
| Advertising, Instructional Design, Event Mgmt. | https://www.ithaca.edu/rhp/internships/ | Park School search engine |
| Almost anything | http://www.ithaca.edu/oip/nyc/ | Semester in NYC program includes a 6 credit internship. |
| Almost anything | https://careerservices.ithaca.edu/ | IC Career Services |
| Local Human Service Internships | http://www.ithaca.edu/hs/minors/counseling/1/ | |

Research Team

<https://www.ithaca.edu/academics/school-humanities-and-sciences/psychology/research-teams>

Research teams make the psychology curriculum at Ithaca College unique, offering students the opportunity to work with a faculty member and a small group of students to create original research. The experience spans three semesters with the same team and provides exposure to opportunities to learn both about the research process and about a field of interest to the student. During those three semesters students will design studies, collect and analyze data, and present the findings at conferences and/or help write a publication. Three semesters of research team are required for students in the Psychology BA program and are an option for students in the Applied Psychology BS program.

The minimum prerequisite for research team is enrollment in or the successful completion of PSYC 308 (Research Methods). The prerequisite for PSYC 308 is PSYC 207 (Statistics in Psychology). We recommend that students take PSYC 308 in Spring of Sophomore year or Fall of Junior year so that you can begin Research Team Fall or Spring Junior year.

In addition to the course prerequisite for Research Team, you also have to have the permission of the professor leading the team to enroll. There are approximately 8-9 different research teams so most students can find a team that fits their interests. To increase the chances that you can get onto the team that most interests you, you should begin learning about the options for team during sophomore year. You can find information about each team on the department website. **Prior to registering for Team you MUST meet with the faculty member leading the team to get permission to enroll.** The department tries to place students into their first choice team, but there is no guarantee you will get that team so you should talk to at least three professors.

Teaching Assistant

Most faculty in the department hire at least one Teaching Assistant (TA) a year. TAs are usually Juniors and Seniors, but sometimes Sophomores are selected. The job responsibilities of a TA vary from professor to professor, but might include marking assignments, helping with paperwork, tutoring students, etc. Faculty use different criteria for choosing a TA depending upon the course. If you are interested in TAing for a particular course please talk to the professor for that course. If you are interested in becoming a TA and don't have a particular course in mind, please speak to the administrative assistant in the main office.

In addition to regular course TAs, the department also hires 2 students a year to serve as statistics TAs and staff the statistics classroom in Williams 203. These TAs are joint hires of the psychology department and Information Technology Services (ITS). They receive training from ITS on computer lab maintenance and trouble shooting and are responsible for helping to maintain Wm 203 as well as assist students in PSYC 207 (Statistics in Psychology). To be eligible for this position you must have completed PSYC 207 with an "A" and have (or have the potential to develop) good teaching skills. If you are interested in this position see Dr. Faherty or Dr. Davis.

OTHER PROGRAMS & OPPORTUNITIES

Honors in Psychology

To graduate with departmental honors in psychology students must successfully complete and defend an Honors Thesis during their Senior year. An Honors Thesis is a presentation of lab or field research or may be based on library research.

To be eligible to do an Honors Thesis, a student must:

- Be a Psychology or Applied Psychology major or a Psychology minor
- Have a 3.00 average in psychology and an overall GPA of 3.00 (In exceptional cases, a student with a GPA as low as 2.70 may be considered if performance in psychology courses is outstanding.)
- Have no grade in psychology courses lower than C.

Eligible students must find a faculty sponsor from the psychology department. Other advisers (outside of psychology) may be required depending on the nature of the project. The project must fall clearly within the field of psychology.

Once the student and sponsor have identified a topic, the student presents a formal research proposal to the department faculty (in Fall of the Senior year), both orally and in writing following APA format. After approval, work on the project may begin. While the project is under way, the student will work closely with the faculty sponsor. Must students register for PSYC 452 (Advanced Independent Supervised Research) for 3 credits both Fall and Spring semesters to cover the time they spend working on the Thesis. The student must present the finished Honors Thesis both orally and in writing in Spring of the Senior year to the department faculty and the faculty must vote to approve it for honors.

Psi Chi

<http://www.psichi.org/>

Psi Chi is the International Honor Society in Psychology, founded in 1929 for the purposes of encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology. To be eligible for Psi Chi students must:

- Be a Psychology or Applied Psychology major
- Have 60 or more total credits
- Have 15 credits of graded psychology coursework with 6 credits at the 300 level or higher.
- Have a cumulative GPA of 3.3 and 3.5 in psychology courses

Eligible students will be notified by the department in Spring of the Junior or Senior year and induction occurs at the end of Spring semester.

Sigma Xi

http://www.ithaca.edu/hs/awards_and_honors/honor/sigmaxinat/

Sigma Xi, The Scientific Research Society, is a national honor society of approximately 60,000 scientists and engineers who are elected to the society because of their achievements or potential in research. Founded in 1886, Sigma Xi has more than 500 chapters at universities and colleges (including Ithaca College), government laboratories and industry research centers.

In addition to publishing *American Scientist* magazine, Sigma Xi awards grants annually to promising young researchers, holds forums on critical issues at the intersection of science and society, and sponsors a variety of programs supporting honor in science and engineering, science education, science policy and the public understanding of science.

Typically, students are nominated for membership in Sigma Xi during the Senior year. The criteria for being nominated at Ithaca College are:

- Either authorship/co-authorship of a publication in a recognized scientific journal, OR
- Presentation of a paper at a recognized scientific conference (e.g., ECSC, regional discipline meetings, NCUR, Sigma Xi conference)
- Clear intention of going further in a research environment, e.g. graduate school.
- At least a 3.0 cumulative grade point average. (In the event of nomination of a non-senior, ordinarily an overall GPA of 3.3 and a science GPA of 3.5 are required). Faculty nominators should submit the student's GPA along with the nomination form.

Student Psychology Association

(spa@ithaca.edu)

The Student Psychology Association (SPA) is a club open to all majors in the department. SPA sponsors various events including guest speakers, sessions on graduate school admissions and various social events.

APPENDIX A: SAMPLE SEMESTER BY SEMESTER PLANS

Applied Psychology B.S. Freshman Year

| Fall Semester | | Spring Semester | |
|---------------------------|-----------|---|--------------|
| Course #/Name | Credits | Course #/Name | Credits |
| Ithaca Seminar | 4 | PSYC 202 Motivation | 3 |
| PSYC 103 General Psych | 3 | Math course (MATH 105, 107, 108 or 111) | 3-4 |
| WRTG 106 Academic Writing | 3 | Development area course | 3 |
| Elective/Minor/CLA course | 3 | ICC Theme & Perspective course | 3 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| | | | |
| Total Credits | 16 | Total Credits | 15-16 |

Sophomore Year

| Fall Semester | | Spring Semester | |
|------------------------------------|-----------|--------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| PSYC 207 Statistics in Psychology | 4 | PSYC 308 Research Methods | 3 |
| Economics course (ECON 121 or 122) | 3 | GBUS 203 Legal Enviro Business | 3 |
| MGMT 206 Organizational Beh & Mgmt | 3 | COMP 110 Computer & Info Tech | 3 |
| ICC Theme & Perspective course | 3 | Biological Bases area course | 3 |
| Elective/Minor/CLA course | 3 | ICC Theme & Perspective course | 3 |
| | | | |
| Total Credits | 16 | Total Credits | 16 |

Junior Year

| Fall Semester | | Spring Semester | |
|---|-----------|----------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| PSYC 309 Methods Testing | 3 | MKTG 312 Principles of Marketing | 3 |
| Personality/Social area course | 3 | Applied area course | 3 |
| WRTG 211 Writing for the Workplace (WI) | 3 | PSYC 398 Professional Dev. II | 1 |
| ICC Theme & Perspective course | 3 | Research Team or Internship | 2 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| | | Elective/Minor/CLA course | 3 |
| Total Credits | 15 | Total Credits | 15 |

Senior Year

| Fall Semester | | Spring Semester | |
|-----------------------------|-----------|--------------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| Research Team or Internship | 2 | Senior Seminar | 3 |
| ICC Diversity course (DV) | 3 | PSYC 498 Capstone in Psychology (CP) | 1 |
| Elective/Minor/CLA course | 3 | Research Team or Internship | 2 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| | | Elective/Minor/CLA course | 3 |
| Total Credits | 14 | Total Credits | 15 |

Psychology B.A. Advising Sheet

Psychology BA majors must take AT LEAST TWO PSYC COURSES that meet the Sociocultural Competence requirement (CC).

Freshman Year

| Fall Semester | | Spring Semester | |
|----------------------------|-----------|--------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| Ithaca Seminar | 4 | Level 2 Exploration course | 3 |
| PSYC 103 General Psych | 3 | ICC Theme & Perspective course | 3 |
| WRITG 106 Academic Writing | 3 | ICC Diversity (DV) course | 3 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| | | | |
| Total Credits | 16 | Total Credits | 15 |

Sophomore Year

| Fall Semester | | Spring Semester | |
|-----------------------------------|-----------|-----------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| Level 2 Exploration course | 3 | PSYC 207 Statistics in Psychology | 4 |
| ICC Theme & Perspective course | 3 | Upper level content course | 3 |
| ICC Writing Intensive (WI) course | 3 | ICC Theme & Perspective course | 3 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| | | | |
| Total Credits | 15 | Total Credits | 16 |

Junior Year

| Fall Semester | | Spring Semester | |
|--------------------------------|-----------|-------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| PSYC 308 Research Methods | 3 | PSYC 309 Methods Testing | 3 |
| Upper level content course | 3 | Upper level content course | 3 |
| ICC Theme & Perspective course | 3 | PSYC 398 Professional Dev. II | 1 |
| Elective/Minor/CLA course | 3 | First semester research team | 2 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| | | Elective/Minor/CLA course | 3 |
| Total Credits | 15 | Total Credits | 15 |

Senior Year

| Fall Semester | | Spring Semester | |
|-------------------------------|-----------|--------------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| Upper level content course | 3 | Senior Seminar | 3 |
| Upper level content course | 3 | PSYC 498 Capstone in Psychology (CP) | 1 |
| Second semester research team | 2 | Third semester research team | 2 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| | | Elective/Minor/CLA course | 3 |
| Total Credits | 14 | Total Credits | 15 |

APPENDIX B: ICC ADVISING SHEET

Themes and Perspectives (16 credits):

| Requirement | Credits | Completed | Theme | Course |
|-----------------------------------|---------|-----------|-------|--------|
| Ithaca Seminar | 4 | | | |
| Creative Arts Perspective (CA) | 3 | | | |
| Humanities Perspective (HM) | 3 | | | |
| Natural Sciences Perspective (SC) | 3 | | | |
| Social Sciences Perspective (SO) | 3 | | | |

First-Year Composition Course (3 credits) *Fulfilled in one of the following ways:*

| Requirement | Completed | Course |
|--|-----------|--------|
| WRTG 10600, Academic Writing I, or | | |
| ICSM 108xx or 118xx or | | |
| A score of 4 or 5 on the AP English Language & Composition OR AP English Literature & Composition exams or | | |
| Transfer credit for WRTG 10600 | | |

Quantitative Literacy (0-1 credit)**

| Requirement | Score |
|------------------------------------|-------|
| Math placement score of 1, 2, or 3 | |

ICC Capstone (0-4 credits)

| ICC Capstone | Completed | Course |
|--------------|-----------|--------|
| | | |

ICC Portfolio (0 credits)

| Date Completed | Note |
|----------------|------|
| | |

Themes and Perspective Courses:

- ✓ may not apply toward student's major program
- ✓ must be taken at Ithaca College
- ✓ cannot use AP/IB/CLEP or transfer credits
- ✓ if a course is designated for two perspectives within chosen theme, it can be used for both perspectives; however, student still must have 16 credit hours in themes and perspective component of ICC
- ✓ can be taken on the S/D/F basis

Quantitative Literacy:

- ✓ MATH 10000 or MATH 18000 will be required for students who have a math placement score of 4

ICC Capstone:

- ✓ must be taken at Ithaca College

**Score is found with Math Placement Score in Test Scores on Degree Works.

Attribute Requirements

| Requirement | Credits | Course Taken | Completed |
|-----------------------------------|---------|-------------------------------|-----------|
| Quantitative Literacy course (QL) | 3 | PSYC 207 (BA & BS) | |
| Writing Intensive course (WI) | 3 | WRTG 211 (BS only) | |
| Diversity course (DV) | 3 | | |

Complementary Liberal Arts (CLA) Requirement (12 liberal arts credits required)

| Options(choose one) | Courses |
|---------------------------------------|--|
| 1. Minor (must have 12 LA credits): | 1. _____ 2. _____ 3. _____ 4. _____ |
| 2. Second major | 1. _____ 2. _____ 3. _____ 4. _____ |
| 3. 12 credits in a second language*** | 1. _____ 2. _____ 3. _____ 4. _____ |
| 4. Self-designed suite of classes | 1. _____ 2. _____ 3. _____ 4. _____ |

***If this option is selected, student must complete 12 hours of coursework in a single language other than English. Courses taken to fulfill language proficiency requirements for the primary major may **not** count toward the 12 hours required for this option.

A. Lynn
8/2018

Attribute Courses: Diversity, Quantitative Literacy, and Writing Intensive Courses:

- ✓ courses can be taken within student's major, minor, CLA, electives or other ICC courses
- ✓ dual designated attribute courses will count for both attributes
- ✓ transfer, AP, IB or CLEP courses can fulfill the QL, WI, or DV requirements
- ✓ can be taken on the S/D/F option if course is not a requirement for major, minor, or CLA
- ✓ WRTG 10600, Academic Writing, is a prerequisite for Writing Intensive Courses (WI)

Complementary Liberal Arts (CLA):

Find details at:

<http://www.ithaca.edu/hs/faculty/hsgened/hsclaprogram/>
<http://www.ithaca.edu/hs/advising/faqs/>

- ✓ minimum of 12 liberal arts credits
- ✓ cannot use AP/IB/CLEP credits
- ✓ courses required by major cannot be used for CLA (includes named courses, courses from specific departments, and proficiency-based requirements)
- ✓ courses must be taken at Ithaca College (except as part of an approved major or minor)
- ✓ courses must be taken for a letter grade; S/D/F option is not allowed (except as part of an approved minor or major)

NOTE: courses taken in an affiliated study abroad program or in the IC/CU Exchange Program may be applied to the H&S CLA through the normal petition and transfer credit process

APPENDIX C: SAMPLE SCHEDULES FOR PSYCHOLOGY WITH PRE-MED

Psychology BA + Pre-Med Sample Schedule

Freshman Year

| Fall Semester | | Spring Semester | |
|----------------------------|-----------|--------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| Ithaca Seminar | 4 | Level 2 Exploration course | 3 |
| PSYC 103 General Psych | 3 | ICC Theme & Perspective course | 3 |
| WRTG 106 Academic Writing | 3 | ICC Diversity (DV) course | 3 |
| Elective/Minor/CLA course | 3 | MATH 111 Calculus I | 4 |
| BIOL 121 Principles of Bio | 4 | BIOL 122 Principles of Biology | 4 |
| | | | |
| Total Credits | 17 | Total Credits | 17 |

Sophomore Year

| Fall Semester | | Spring Semester | |
|--------------------------------------|-----------|-----------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| Level 2 Exploration course | 3 | PSYC 207 Statistics in Psychology | 4 |
| ICC Theme & Perspective course | 3 | Upper level content course | 3 |
| ICC Writing Intensive (WI) course | 3 | ICC Theme & Perspective course | 3 |
| CHEM 121 Principles of Chemistry | 3 | CHEM 124 Experimental Chemistry I | 2 |
| CHEM 122 Principles of Chemistry Lab | 1 | CHEM 221 Organic Chemistry I | 3 |
| SOCI 101 Intro to Sociology | 3 | | |
| Total Credits | 16 | Total Credits | 15 |

Junior Year

| Fall Semester | | Spring Semester | |
|------------------------------------|-----------|---------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| PSYC 308 Research Methods | 3 | PSYC 309 Methods Testing | 3 |
| ICC Theme & Perspective course | 3 | Upper level content course | 3 |
| CHEM 225 Experimental Chemistry II | 2 | PSYC 398 Professional Dev. II | 1 |
| CHEM 222 Organic Chemistry II | 3 | First semester research team | 2 |
| PHYS 101 Intro to Physics I | 4 | CHEM 232 Quantitative Chemistry | 3 |
| | | PHYS 102 Intro to Physics II | 4 |
| Total Credits | 15 | Total Credits | 16 |

Senior Year

| Fall Semester | | Spring Semester | |
|-------------------------------|-----------|--------------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| Upper level content course | 3 | Senior Seminar | 3 |
| Upper level content course | 3 | PSYC 498 Capstone in Psychology (CP) | 1 |
| Second semester research team | 2 | Third semester research team | 2 |
| Upper level content course | 3 | Elective/Minor/CLA course | 3 |
| Elective/Minor/CLA course | 3 | Elective/Minor/CLA course | 3 |
| | | | 3 |
| Total Credits | 14 | Total Credits | 15 |

Notes:

1. All BA students must take one Level two course designated ACS and one designated CC.
2. The Premed science courses can count for the ICC CLA

Applied Psychology BS + Premed Sample Schedule

Freshman Year

| Fall Semester | | Spring Semester | |
|--------------------------------------|-----------|---------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| Ithaca Seminar | 4 | PSYC 202 Motivation | 3 |
| PSYC 103 General Psych | 3 | MATH 111 Calculus I | 4 |
| WRTG 106 Academic Writing | 3 | Development area course | 3 |
| Elective/Minor | 3 | ICC Theme & Perspective course | 3 |
| BIOL 121 or BIOL 119 Principles Bio. | 4 | BIOL 122 or BIOL 120 Principles | 4 |
| | | | |
| Total Credits | | Total Credits | |
| | 17 | | 17 |

Sophomore Year

| Fall Semester | | Spring Semester | |
|--------------------------------------|-----------|-----------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| PSYC 207 Statistics in Psychology | 4 | PSYC 308 Research Methods | 3 |
| Economics course (ECON 121 or 122) | 3 | GBUS 203 Legal Enviro Business | 3 |
| MGMT 206 Organizational Beh & Mgmt | 3 | COMP 110 Computer & Info Tech | 3 |
| ICC Theme & Perspective course | 3 | Biological Bases area course | 3 |
| CHEM 121 Principles of Chemistry | 3 | CHEM 221 Organic Chemistry I | 3 |
| CHEM 122 Principles of Chemistry Lab | 1 | CHEM 124 Experimental Chemistry I | 2 |
| | | | |
| Total Credits | | Total Credits | |
| | 17 | | 17 |

Junior Year

| Fall Semester | | Spring Semester | |
|---|-----------|---------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| WRTG 211 Writing for the Workplace (WI) | 3 | PSYC 398 Professional Dev. II | 1 |
| CHEM 222 Organic Chemistry II | 3 | Research Team or Internship | 2 |
| CHEM 225 Experimental Chemistry II | 2 | CHEM 232 Quantitative Chemistry | 3 |
| PHYS 101 Intro to Physics I | 4 | PHYS 102 Intro to Physics II | 4 |
| ICC Theme & Perspective course | 3 | ICC Theme & Perspective course | 3 |
| | | SOCI 101 Intro to Sociology | 3 |
| | | | |
| Total Credits | | Total Credits | |
| | 15 | | 16 |

Senior Year

| Fall Semester | | Spring Semester | |
|----------------------------------|-----------|--------------------------------------|-----------|
| Course #/Name | Credits | Course #/Name | Credits |
| Research Team or Internship | 2 | Senior Seminar | 3 |
| ICC Diversity course (DV) | 3 | PSYC 498 Capstone in Psychology (CP) | 1 |
| Personality/Social area course | 3 | Research Team or Internship | 2 |
| MKTG 312 Principles of Marketing | 3 | Applied area course | 3 |
| PSYC 309 Methods Testing | 3 | Elective/Minor | 3 |
| | | Elective/Minor | 3 |
| | | | |
| Total Credits | | Total Credits | |
| | 14 | | 15 |

Notes:

1. Applied Psychology majors can choose either six credits of Research Team or Internship. However, we recommend that Premed students choose Research Team.
2. The Premed sciences courses will count for the ICC CLA

APPENDIX D: COURSE PLANNING WORKSHEET

First Year

| Fall Semester | | Spring Semester | |
|----------------------|---------|----------------------|---------|
| Course #/Name | Credits | Course #/Name | Credits |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Total Credits | | Total Credits | |

Sophomore Year

| Fall Semester | | Spring Semester | |
|----------------------|---------|----------------------|---------|
| Course #/Name | Credits | Course #/Name | Credits |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Total Credits | | Total Credits | |

Junior Year

| Fall Semester | | Spring Semester | |
|----------------------|---------|----------------------|---------|
| Course #/Name | Credits | Course #/Name | Credits |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Total Credits | | Total Credits | |

Senior Year

| Fall Semester | | Spring Semester | |
|----------------------|---------|----------------------|---------|
| Course #/Name | Credits | Course #/Name | Credits |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Total Credits | | Total Credits | |