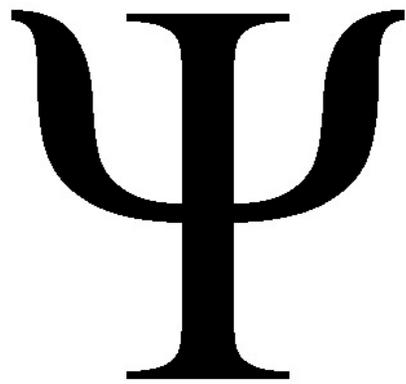


**Ithaca College
Dept. of Psychology**



2020-2021

Advising Handbook

Written by:
Retiree Dr. Ann Lynn; Program Director of Applied Psychology
Fall 2020

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INTRODUCTION

Welcome to Psychology at Ithaca College! This handbook is designed to help you get acquainted with the Department. It will provide you with specific information about the psychology program at IC and answer some of the questions most frequently asked by our students.

This handbook is not intended to take the place of your advisor. However, it should assist you in making the best use of the expertise provided by your advisor. For example, the handbook includes a checklist of courses required of our majors that can be used, in consultation with your advisor, to plan your undergraduate educational experience.

Staff



Maria Russell: Administrative Assistant:
Email: mrussell@ithaca.edu

Full Time Faculty



Mary Turner DePalma, Department Chair: Professor. Ph.D. in Social & Personality Psychology. Cornell University. **Courses taught**: Motivation, Health Psychology, Positive Psychology, Human Motivation Research Team.
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Barney Beins: Professor. Ph.D. in Experimental Psychology. City University of New York. **Courses taught**: Research Methods, History of Psychology, Senior Seminar, Psychology of Humor Research Team.
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Email: jcohenfilipic@ithaca.edu



Karen Davis: Assistant Professor, Ph. D. in Clinical Psychology from Sam Houston State University. **Courses Taught:** Professional Development II, Research Methods, Senior Seminar, Statistics, and Forensic Psychology.
Email: kdavis7@ithaca.edu



Amanda Faherty: Assistant Professor. Ph.D. in Developmental Psychology, Clark University. **Courses Taught:** Statistics in Psychology, Intro to Developmental Psychology, Professional Development II, Research Team.
Email: afaherty@ithaca.edu



Tamara Fitzwater: Assistant Professor. PhD in Behavioral Neuroscience, Binghamton University. Courses Taught: Behavioral Neuroscience, Laboratory in Behavioral Neuroscience, Senior Seminar, Animal models of adolescence and alcohol abuse Research Team.
Email: tfitzwater@ithaca.edu



Jeff Holmes: Professor. Ph.D. in Counseling Psychology. University of Akron. **Courses taught:** General Psychology, Methods of Testing & Assessment, Abnormal & Senior Seminar.
Email: jholmes@ithaca.edu



Judith Pena-Shaff: Associate Professor. Ph.D. in Educational Psychology & Organizational Behavior. Cornell University. **Courses taught:** Educational & Developmental Psychology Research Team.
Email: jpenaper@ithaca.edu



Cyndy Scheibe: Professor & Executive Director, Project Look Sharp. Ph.D. in Human Development and Family Studies. Cornell University. **Courses taught:** Introduction to Developmental Psychology, Infancy, Childhood & Adolescence, Media Literacy & Popular Culture (in Culture & Communication), Media Effects and Media Literacy Research Team.
Email: scheibe@ithaca.edu



Hugh Stephenson, Counseling Minor Coordinator: Associate Professor. Ph.D. in. Southern Illinois University. **Courses taught:** Abnormal Psychology, Senior Seminar, Clinical & Mental Health Research Team
Email: stephens@ithaca.edu



Leigh Ann Vaughn: Professor and Psychology Minor Coordinator. Ph.D. in Social Psychology. University of Michigan. **Courses taught:** Social Psychology, Personality, Senior Seminar, Social Judgement Research Team.
Email: lvaughn@ithaca.edu

Williams Hall



Psychology department offices and Laboratories located in Williams Hall.

Basement Labs

Humor lab, Dr. Beins (Wm 012)

Infant Locomoter lab, Dr. Pena-Shaff & Dr. Rader (Wm 012)

General Psychology lab (Wm 013)

First Floor Offices

Department Office & Psychology Library (Wm 119)

Mary Turner DePalma, Chair office (Wm 119F)

Barney Beins office (Wm 115E)

Natasha Bharj office (Wm 119D)

Brandy Bessette-Symons office (Wm 119N)

Kathryn Cadlwell office (Wm 115C)

Jessye Cohen-Filipic office (Wm 110)

Karen Davis office (Wm 119D)

Amanda Faherty office (Wm 119J)

Tamara Fitzwater office (Wm 119J)

Jeff Holmes office (Wm 109)

Judith Pena-Shaff office (Wm 115D)

Lycinda Rodriguez office (Wm

Cyndy Scheibe office (Wm 115B)

Hugh Stephenson office (Wm 109)

Leigh Ann Vaughn office (Wm 115A)

First Floor Labs

Media Research lab, Dr. Scheibe (Wm 104)

Clinical Psychology lab, Dr. Stephenson (Wm 112)

Motivation lab, Dr. DePalma (Wm 113)

Cognitive Development lab (Wm 121)

Emotion & Cog. lab, Dr. Bessette-Symons (Wm 127)

Second Floor Labs & Classrooms

Educational Psych lab, Dr. Pena-Shaff (Wm 214A)

Social Psychology lab, Dr. Vaughn (Wm 214B)

Statistics classroom (Wm 203)



Center for Natural Sciences Building

Neuroscience lab, Dr. Tamara Fitzwater (CNS 232)

PROGRAMS OF STUDY

The Department of Psychology offers two degrees: a Bachelor of Arts in Psychology and a Bachelor of Science in Applied Psychology. Currently, about two thirds of the students in the department are in the Psychology B.A. major. A summary comparison of the two programs is below:

Comparing the Psychology B.A. major to the Applied Psychology B.S. major

	Psychology BA	Applied Psychology BS
Credits for Degree		
Psychology	42	36
Business related	0	18
Math	0	3-4
Experiential learning	6 (Research Team)	6 (Research and/or Internship)
Electives + ICC	72	58-59
TOTAL	120	120
Semesters to Complete	8	8
Preparation for Psych Grad school?	Yes	Yes (select Research Team to fulfill experiential requirement)
Can you Study Abroad?	Yes	Yes
ICC Requirements	Major fulfills the ICC QL and CP requirements	Major fulfills the ICC QL, WI, and CP requirements

Bachelor of Science in Applied Psychology

Program Coordinator; Kathryn Caldwell

The interdisciplinary Applied Psychology B.S. program provides students with a solid foundation in psychological theories and methods, the business areas and issues to which psychology is commonly applied as well as liberal arts areas needed to address the changing issues and problems they will encounter after graduation. In addition, students connect classroom studies with hands-on, real-world experience through a major-related internship and/or research experience. Graduates are prepared to use their major-related knowledge, skills, and values in occupational pursuits in a variety of settings or in pursuing graduate study in psychology or related fields.

Student Learning Outcomes: BS in Applied Psychology

Upon completion of major requirements, Applied Psychology majors should be able to:

1. Demonstrate an understanding of core psychology and business theories, concepts, findings and methods
2. Demonstrate skills in research design, data analysis and interpretation.
3. Demonstrate effective written and oral communication skills
4. Apply knowledge gained to real world situations.
5. Formulate and pursue realistic career goals

Requirements for BS in Applied Psychology (Effective Fall 2017)

*Note: Unless otherwise indicated, all courses offered Fall & Spring semesters. Courses typically also taught during the summer are indicated with an **

Completed	Psychology Core		
	PSYC 10300	General Psychology	3
	PSYC 11400	Psychology Professional Development I (Fall only)	3
	PSYC 20200	Motivation	3
	PSYC 20700	Statistics in Psychology (QL) *	4
	PSYC 30800	Research Methods in Psychology	3
	PSYC 30900	Methods of Testing and Assessment	3
	PSYC 39800	Psychology Professional Development II	1
	PSYC 49200-49299	Senior Seminar in Psychology	3
	PSYC 49800	Capstone in Psychology (CP)	1
		Total Credit Hours	24
Professional Core			
	COMP 11000	Computers and Information Technologies	3
	ECON 12100 or ECON 12200	Prin. of Macroeconomics or Prin. of Microeconomics (QL)*	3
	GBUS 20300	Legal Environment of Business*	3
	MATH 10500 or MATH 10800 or MATH 11100	Math for Decision-Making or Calculus for Decision-Making or Calculus I	3 - 4
	WRTG 21100	Writing for the Workplace (WI)*	3
	MGMT 20600	Organizational Behavior & Management	3
	MKTG 31200	Principles of Marketing*	3
		Total Credit Hours	21-22
Psychology Areas Select 1 course (3 credits) from each area			
	PSYC 10400 PSYC 36100 PSYC 36600	Development Introduction to Developmental Psychology Infancy, Childhood & Adolescence (Spring only) Adulthood and Aging (Fall only)	3
	PSYC 31600 PSYC 32000	Personality & Social Social Psychology Personality (Fall only)	3
	PSYC 23200 PSYC 31100 PSYC 33000	Biological Bases Matters of the mind Behavioral Neuroscience Cognition	3
	EDUC 21010 EXSS 20200 MKTG 32300 PSYC 23100 PSYC 23500 PSYC 32100 PSYC 33400 PSYC 33600 PSYC 34100 PSYC 34200	Applied Educational Psychology* Sport and Exercise Psychology* Consumer Behavior* Health Psychology Conservation Psychology (Spring only) Abnormal Psychology* Industrial and Organizational Psychology (Spring odd years) Forensic Psychology (Spring even years) Forms of Therapy (Spring only) Family Therapy (Fall only)	3
		Total Credit Hours	12
Experiential Learning (Must total 6 credit hours in some combination of the following)			
	PSYC 30200-30299	First semester research team	2
	PSYC 30300-30399	Second semester research team	2
	PSYC 30400-30499	Third semester research team	2
	PSYC 31200	Behavioral Neuroscience Lab (Fall only)	1
	PSYC 35400	Psychology Laboratory Assistant Seminar (Fall only)	1
	PSYC 42000	Professional seminar in Human Services	1
	PSYC 45000	Internship in Psychology	1-6

Bachelor of Arts in Psychology

The Psychology B.A. major combines a strong focus in psychology with breadth of study across the traditional liberal arts fields. Through a structured curriculum in psychology and a planned study of representative subjects in the humanities, natural sciences, social sciences, and fine arts, students become familiar with intellectual landmarks and the methods of investigation, analysis, and expression in a variety of disciplines, with particular emphasis on psychology. Because the theory and practice of psychology are grounded in research, the Psychology B.A. has a strong emphasis on research skills and experience. One of the defining features of the major is that students are required to collaborate on research with one or more faculty members and with other students for three semesters. Graduates are prepared for entry-level positions in industry, government, and private human service organizations, as well as for graduate study in psychology and related fields.

Student Learning Outcomes: BA in Psychology

Upon completion of major requirements, Psychology majors should be able to:

1. demonstrate fundamental knowledge and comprehension of the major concepts, theoretical perspectives, historical trends, and empirical findings. Students will be able to discuss how psychological principles apply to human thought, affect, and behavior.
2. understand what scientific inquiry entails and to think critically about its application in psychology.
3. demonstrate an understanding of how sociocultural variables and contexts influence psychological and behavioral processes and outcomes. Students will be able to demonstrate and understanding of how sociocultural assumptions and biases underlie theoretical frameworks, and research process, and our interactions with others.
4. communicate empirical and theoretical information in a variety of formats effectively. They will be able to demonstrate technological and information literacy in finding the communicating psychological information.
5. apply psychology specific content and skills, exhibit collaborative skills, and develop direction for post baccalaureate employment, graduate school, or professional school. Students will be able to understand the need to behave ethically in professional domains.

Requirements for BA in Psychology (Effective Fall 2017)

*Note: Unless otherwise indicated, all courses offered Fall & Spring semesters. Courses also taught during the summer are indicated with an **

Psychology majors must take AT LEAST TWO PSYC COURSES that meet the Sociocultural Competence requirement (CC).

Introductory Courses			
Completed			
	PSYC 10300	General Psychology	3
	PSYC 11400	Psychology Professional Development I Fall ¹	3
Level 2 Exploration and APA Communication Skill (ACS) Development <i>Select two from the following, at least one of which must be designated as an ACS course.</i>			
	PSYC 20200 PSYC 20800 PSYC 21700/SOCI 21700 PSYC 23100 PSYC 23200 PSYC 23500 PSYC 24700 PSYC 26100 PSYC 27000	Motivation (ACS) Fall/Spring Positive Psychology (ACS) Yearly Mental Health in Contexts (CC and DV) Fall/Spring Health Psychology Yearly Matters of the Mind Fall/Spring Conservation Psychology (CC) Spring Culture and Psychology (ACS) (CC) Yearly Psychology of Women (CC) Fall/Spring History of Psychology (ACS) (CC) Fall	6
Research Sequence			
	PSYC 20700	Statistics in Psychology (QL) ²	4
	PSYC 30800	Research Methods in Psychology ³	3
	PSYC 30900	Methods of Testing and Assessment	3
	PSYC 302xx	First Semester Research Team	2
	PSYC 303xx	Second Semester Research Team	2
	PSYC 304xx	Third Semester Research Team	2
Upper Level Content Courses			
	PSYC 31100	Behavioral Neuroscience	3
	PSYC 31600	Social Psychology	3
	PSYC 32100	Abnormal Psychology	3
	PSYC 33000	Cognition	3
	PSYC 36100 or PSYC 36600	Infancy, Childhood & Adolescence (CC) Spring or Adulthood & Aging (CC) Fall	3
Capstone Courses			
	PSYC 39800	Psychology Professional Development II	1
	PSYC 49200-49299	Senior Seminar in Psychology	3
	PSYC 49800	Capstone in Psychology (CP)	1

Summary

Total, requirements for the major 48

¹ Students who begin the major Fall of their Junior year or after will take a 200 level or higher elective in PSYC to replace PSYC 11400.

² PSYC 207000 is the prerequisite for PSYC 30800 and PSYC 30900

³ PSYC 30800 is the pre- or co-requisite for Research Team

Psychology Elective Courses Open to both Majors

Course Number	Title	Credits	Term offered	ICC
PSYC 15300 PSYC 25300 PSYC 35300	Selected Topics: Psychology	1-3	Irregularly	
PSYC 20800	Positive Psychology	3	Yearly	
PSYC 11000	Media Literacy and the Psych of Inquiry	3	Spring	SO, TIII
PSYC 21700	Mental Health in Historical & Social Contexts (Cross listed as SOCI 21700)	3	Fall/Spring	DV
PSYC 23100	Health Psychology	3	Yearly	SO, TMBS
PSYC 23200	Matters of the Mind: The neuron & beyond	3	Fall/Spring	SC, TMBS
PSYC 23500	Conservation Psychology	3	Spring	SO, TQSF
PSYC 24700	Culture and Psychology	3	Yearly	
PSYC 26100	Psychology of Women	3	Fall/Spring	DV
PSYC 27000	Social & Cultural History of Psychology	3	Fall	
PSYC 31200	Behavioral Neuroscience Lab	2	Fall	
PSYC 32000	Personality	3	Fall	
PSYC 33400	Industrial & Organizational Psychology	3	Spring odd years	
PSYC 33600	Forensic Psychology	3	Spring even years	
PSYC 34100	Forms of Therapy	3	Spring	
PSYC 34200	Family Therapy	3	Fall	
PSYC 35100	Independent Supervised Study	1-3	By petition	
PSYC 35200	Independent Supervised Research	1-3	By petition	
PSYC 35400	Psychology Laboratory Assistant Seminar	1	Lab Asst. only	
PSYC 36100	Infant, Child & Adolescent Development	3	Spring	
PSYC 36600	Adulthood and Aging	3	Fall	
PSYC 45000	Internship in Psychology	1-12	Fall/Spring/Summer	
PSYC 45100	Advanced Independent Supervised Study	1-3	By petition	
PSYC 45200	Advanced Independent Supervised Research	1-3	By petition	
PSYC 46700	Psychopharmacology	3	Irregularly	

INTEGRATED CORE CURRICULUM (ICC) REQUIREMENTS

In addition to fulfilling major requirements, all students must complete the Ithaca Core Curriculum (ICC) requirements. There are **six categories** of requirements and these are described below. Additional information is available at <http://www.ithaca.edu/icc/>

Ithaca Seminar	4 credits
An interdisciplinary liberal arts course that supports the academic and social transition to Ithaca College.	

Themes and Perspectives¹		Complementary Liberal Arts (CLA)³
12 credits		12 Credits
Complete four 3-credit perspectives within one theme and integrate how each perspective addresses your theme.		Specific CLA requirements are determined by degree program or school.
Creative Arts (CA) Humanities (HM) Natural Sciences (SC) Social Sciences (SO)	<i>T</i> <i>h</i> <i>e</i> <i>m</i> <i>e</i>	

Competencies²	Credits
Academic Writing I	3
Diversity (DV)	3
Quantitative Literacy (QL)	3
Writing Intensive (WI)	3
ICC Capstone (CP)	1-4

Electronic Learning Portfolio
Introduced in the Ithaca Seminar and required to complete before graduation.

ICC Program	28-44 credits
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¹Themes and Perspectives courses may not apply toward a student's primary major program. Students who change themes still need to complete one course from each perspective for the new theme.

²Academic Writing (WRTG10600 or equivalent) is a prerequisite for writing intensive courses; you may also receive credit for completing this requirement by scoring a 4 or 5 on the AP examination in English Literature & Composition or English Language & Composition. The attributes, DV, QL, WI, and CP may be completed through any designated major, minor, themes and perspectives, complementary liberal arts, or elective course.

1. Ithaca Seminar (4 credits)

In the Fall of students' freshman year they will take an interdisciplinary seminar course. Ithaca Seminars numbered 108xx and 118xx are equivalent to WRTG 10600.

2. Themes and Perspectives (12 credits)

Students will take four courses from the same Theme. Each course will each be from a different perspective: Creative Arts (CA), Humanities (HM), Natural Sciences (SC), and Social Sciences (SO).

- a. Creative Arts (CA) (3 credits)
- b. Humanities (HM) (3 credits)
- c. Natural Sciences (SC) (3 credits)
- d. Social Sciences (SO) (3 credits)

ICC Theme abbreviations

Identities (TIDE)
World of Systems (TWOS)
Inquiry, Imagination, Innovation (TIII)
Mind, Body, Spirit (TMBS)
Power & Justice (TPJ)
The Quest for a Sustainable Future (TQSF)

Themes and Perspectives courses may not apply toward a student's major program. Students who change Theme need to complete one course from each Perspective for their new theme. Theme and Perspective courses MAY be taken S/D/F.

3. Competencies (3-4 credits)

Academic Writing is a pre-requisite for writing intensive courses. Mathematics competency is a pre-requisite for quantitative literacy courses; students who scored a 4 on the math must fulfill math competency by passing MATH 10000.

- a. First-Year Composition (3 credits): All students must successfully complete WRTG 106 or score a 4 or 5 on the AP English Lit or English Language test to take the required writing intensive (WI) course.
- b. Math placement score of 1, 2 or 3.: **A score of 1-3 is required for PSYC 207.**

Based on the results of the exam, students are initially assigned to one of the four placement groups. This determines where they can enter the mathematics curriculum. Students can move from one group to another as follows:

Group 4: The student must take MATH 10000 before any other mathematics course. Passing MATH 10000 with a C- or better qualifies the student to take courses with a group 3 prerequisite. (Students who are QL-ready may take MATH 16200 or MATH 16300.)

Group 3: The student may take mathematics courses MATH 10400, MATH 10500, MATH 11000, MATH 15200, and MATH 15500. Completion of MATH 10400 or MATH 11000, or with a C- or better qualifies the student to take courses with a group 2 prerequisite.

Group 2: The student may take MATH 10800, MATH 11000, MATH 14400, MATH 14500, and MATH 16100 as well as any course that a group 3 student may take. Students are encouraged to take one of the courses listed here. Completion of MATH 11000 with a C- or better qualifies the student to take courses with a group 1 prerequisite.

Group 1: The student may take any course in the mathematics offerings other than MATH 10000 and MATH 11000, provided the course prerequisites are met. Students in group 1 are encouraged to take courses with group 1 or group 2 prerequisites.

4. Attributes (9-13 credits)

Students must take four courses with the attributes listed below. Attributes may be completed through any designated course within the major, minor, themes and perspectives, or electives. In other words, they can double dip. Attribute courses may be taken S/D/F.

- a. Diversity course (DV) (3 credits)
- b. Quantitative Literacy (QL) (3 credits)
- c. Writing Intensive (WI) (3 credits)
- d. ICC Capstone (0-4 credits)

5. Complementary Liberal Arts (CLA) Requirement (15 credits)

H&S students are required to take 12 additional credits in courses designated as Liberal Arts (LA) in the catalog.

- a. Students in H&S may fulfill the 12 credits of the CLA in one of several different ways:
 - a declared **minor** program of study (with 12 hours of courses designated LA) **OR**
 - a declared **second major** program of study **OR**
 - a defined sequence of **second language study OR**
 - an intentional, **self-designed** suite of courses

The courses that will count in the student's CLA option must be outside the student's primary major requirements (i.e., named courses, courses from specific departments, and proficiency-based requirements).

After your first semester, but **before the end of your fourth semester**, you should meet with your academic advisor in order to review and discuss your plans for completing the H&S Complementary Liberal Arts credits. Once you have settled on an option, you will complete the electronic [H&S CLA Planning Statement](#).

The Planning Statement must be on file by the end of your fourth semester at the College, if you matriculated as a freshman. If you enter IC as a transfer student, your Statement must be on file by the end of your first year at the College.

All courses taken to fulfill the CLA must be taken at Ithaca College for a letter grade. Courses taken in an affiliated study abroad program or at Cornell University may be applied to the H&S CLA through the normal petition and transfer credit process.

More details about the H&S CLA requirement can be found at <http://www.ithaca.edu/hs/advising/hscla/>

6. Electronic Learning Portfolio

Each student is required to complete an ICC electronic learning portfolio before graduation. The electronic learning portfolio will be introduced in the Ithaca Seminar course and will be developed over the course of the student's time at Ithaca College.

Transfer Students and the ICC

Students *admitted to Ithaca College as transfer students* (this typically means they were enrolled as a full-time at another college) have a revised set of ICC requirements. Below is a summary of these requirements. More information can be found at: <https://www.ithaca.edu/advising/fgcstv/transfer/>

SUMMARY OF ICC REQUIREMENTS FOR ITHACA COLLEGE TRANSFER STUDENTS

(SCHOOL OF HUMANITIES & SCIENCES)

ICC REQUIREMENTS	ASSOCIATE OF ARTS (A.A.), ASSOCIATE OF SCIENCE (A.S.), BACHELOR'S DEGREE		ASSOCIATE OF APPLIED SCIENCE (A.A.S.) ²		NO ASSOCIATE'S DEGREE ²	
	ITHACA COLLEGE SEMINAR	All transfer students will enroll in: <i>ICSM 19000: Transfer Student Seminar</i>	1 cr	All transfer students will enroll in: <i>ICSM 19000: Transfer Student Seminar</i>	1 cr	All transfer students will enroll in: <i>ICSM 19000: Transfer Student Seminar</i>
THEME	All transfer students will be enrolled in the <i>Liberal Arts and Society</i> theme		All transfer students will be enrolled in the <i>Liberal Arts and Society</i> theme		All transfer students will be enrolled in the <i>Liberal Arts and Society</i> theme	
PERSPECTIVES ¹	Fulfilled by <i>prior degree</i>	0 cr	May be fulfilled by transfer courses (Courses must transfer as Liberal Arts credit)	12 cr	May be fulfilled by transfer courses (Courses must transfer as Liberal Arts credit)	12 cr
QUANTITATIVE READINESS	Fulfilled by <i>prior degree</i> Students should take <i>Math Placement and Quantitative Literacy exam</i> if program: • Requires specific math courses • Has courses with math requirements	0-1 cr	Students should take <i>Math Placement and Quantitative Literacy exam</i> if program: • Requires specific math courses • Has courses with math requirements • And QL is not met by <i>transfer course</i>	0-1 cr	Students should take <i>Math Placement and Quantitative Literacy exam</i> if program: • Requires specific math courses • Has courses with math requirements • And QL is not met by <i>transfer course</i>	0-1 cr
QUANTITATIVE LITERACY	Fulfilled by <i>prior degree</i>	3 cr	May be fulfilled by <i>transfer courses</i>	3 cr	May be fulfilled by <i>transfer courses</i>	3 cr
FIRST-YEAR COMPOSITION	Fulfilled by <i>prior degree</i>	3 cr	May be fulfilled by <i>transfer courses</i>	3 cr	May be fulfilled by <i>transfer courses</i>	3 cr
WRITING INTENSIVE	Fulfilled by <i>prior degree</i>	3 cr	May be fulfilled by <i>transfer courses</i>	3 cr	May be fulfilled by <i>transfer courses</i>	3 cr
DIVERSITY	Fulfilled by <i>prior degree</i>	3 cr	May be fulfilled by <i>transfer courses</i>	3 cr	May be fulfilled by <i>transfer courses</i>	3 cr
COMPLEMENTARY LIBERAL ARTS (CLA)	Fulfilled by <i>prior degree</i>	0 cr	Completed by all transfer students: http://www.ithaca.edu/bs/advising/docs/cla/nhs/claplanstmattransfer/	12 cr	Completed by all transfer students: http://www.ithaca.edu/bs/advising/docs/cla/nhs/claplanstmattransfer/	12 cr
CAPSTONE & EPORTFOLIO	All transfer students are required to: • Complete an <i>ICC Capstone</i> course ◦ May be part of major requirements • Complete the <i>ePortfolio</i>	1 cr	All transfer students are required to: • Complete an <i>ICC Capstone</i> course ◦ May be part of major requirements • Complete the <i>ePortfolio</i>	1 cr	All transfer students are required to: • Complete an <i>ICC Capstone</i> course ◦ May be part of major requirements • Complete the <i>ePortfolio</i>	1 cr

¹Cannot be fulfilled by course requirements for the student's major
²All transfer courses will be evaluated by the Office of the Registrar on a case-by-case basis
 (Additional equivalency review of transfer courses may be provided by the Director of the ICC)

CENTER FOR ACADEMIC ADVANCEMENT
 Academic Advising Center
 607.274.1001 | advisingcenter@ithaca.edu

MINORS

A minor is a structured plan of study that is in an area outside of the major. Students in both the Psychology BA and Applied Psychology BS programs *may* choose a minor (**it is not required**). Some minors may be used to fulfill the CLA requirement for the ICC. Students may choose any minor Ithaca College offers, except for the minor in Psychology. A full listing of the available minors can be found in the *Undergraduate Catalog*. To register for a minor you must complete paperwork with the department that offers the minor. The latest students can register for a minor is the end of the semester preceding the semester of graduation. In order to complete the requirements of a minor the department recommends that students register for a minor no later than the Junior year.

The Psychology department helps to support two interdisciplinary minors designed for majors in our department: Neuroscience and Counseling.

Neuroscience Minor

Coordinator: Jean Hardwick, Dept. of Biology (hardwick@ithaca.edu)

Course Number	Course Title	Credits	Term offered
Required courses			
BIOL 11900 or BIOL 12100	Fundamentals of Biology I or Principles of Biology I	4	Fall
PSYC 10300	General Psychology	3	Fall/Spring/Summer
PSYC 31100	Behavioral Neuroscience	3	Fall/Spring
PSYC 31200	Behavioral Neuroscience Lab	2	Fall
BIOL 31500	Neurobiology	4	Spring
PSYC 49250 or BIOL 49250	Seminar in Neuroscience	3	Spring
Restricted electives <i>Select 6 to 8 credits from the following:</i>			
BIOL 21400	Animal Physiology	4	Fall
BIOL 22700	Genetics ⁴	4	Spring
BIOL 30200	Research in Biology	3	
BIOL 30800	Animal Behavior ⁵	4	Fall even
BIOL 34500	Developmental Biology ⁶	4	Spring
BIOL 35400	Cell Biology ⁷	4	Fall
BIOL 40000	Research in Biology	1-3	Fall
EXSS 32000	Neuromuscular Control	3	
EXSS 45000	Independent Study in ESS	.5-3	
EXSS 45100	Independent Study in ESS	1-3	
EXSS 47500	Research Team I : ESS	1-3	
OTBS 41000	Neuroscience	3	
PSYC 23200	Matters of the Mind	3	Fall/Spring
PSYC 30200-30299	First Semester Research Team	2	Fall/Spring
PSYC 30300-30399	Second Semester Research Team	2	Fall/Spring
PSYC 30400-30499	Third Semester Research Team	2	Fall/Spring
PSYC 33000	Cognition	3	Fall/spring
PSYC 35200 or PSYC 45200	Independent Supervised Research	1-5	
PSYC 46700	Psychopharmacology	3	

TOTAL CREDITS FOR MINOR

25-27

Students in the Psychology department can use this minor to meet the CLA requirement in the ICC

⁴ Requires CHEM 12100

⁵ Requires a 200 level Biology course (excluding BIOL 205)

⁶ Requires BIOL 227

⁷ Requires BIOL 227 & CHEM 221

Counseling Minor

Coordinator: Hugh Stephenson

Note: ICC designations in parentheses

Course Number	Course Title	Credits	Term offered
Core Courses			
SOCI 1xxxx	Any 100-level Sociology course	3	Fall/Spring
PSYC 10300	General Psychology	3	Fall/Spring
PSYC 21700 or SOCI 21700	Mental Health in Historical and Social Contexts (DV)	3	Fall/Spring
SOCI 21400	Definitions of Normality (DV)	3	Yearly
PSYC 32100	Abnormal Psychology	3	Fall/Spring/Summer
SOCI 30800 or PSYC 34100	Counseling Theory & Dynamics or Forms of Therapy	3	Fall Spring
Required Internship	Students must meet the required professional dispositions <u>before beginning</u> the internship. See the Counseling Minor website for details.	3	Fall/Spring
SOCI 498xx or PSYC 42000 & PSYC 45000	Internship in Sociology Professional Seminar in Human Services and Internship in Psychology		
Select ONE of the following		3	
PSYC 26100	Psychology of Women (DV)		Fall/Spring
PSYC 32000	Personality		Fall
PSYC 33600	Forensic Psychology		Spring even years
PSYC 34200	Family Therapy		Fall
PSYC 36600	Adulthood and Aging		Fall
PSYC 46700	Psychopharmacology		Irregularly
EDUC 21001	Educational Psychology		Fall/Spring
SOCI 20700	Race & Ethnicity (DV)		
SOCI 30900	Group Counseling		Spring
SOCI 34000	Essential Issues in Mental Health Treatment		Fall
SOCI 40400	Crisis Intervention		Spring
SOCI 40800	Counseling Methods		Fall
GERO 37000	Counseling the Older Adult		Spring

TOTAL CREDITS FOR MINOR 24

Psychology B.A. students may only count two courses in this minor toward the Psychology B.A. major. This limitation DOES NOT apply to Applied Psychology B.S. majors.

Students in the Psychology department may use this minor to meet the CLA requirement of the ICC if they take at least 12 liberal arts credits that do not also count toward their major requirements.

Education Studies Minor

Many Psychology graduates eventually go into education either as classroom teachers, or in related fields.

Course Number	Course Title	Credits	Term offered
Core Courses			
EDUC 21010	Educational Psychology	3	
EDUC 34000	Social and Cultural Foundations of Education (DV)	3	
EDUC 49600	Capstone Seminar in Education Studies	1	
Note: EDUC 49700 must be taken for 3 credits; the course is restricted to students with junior or senior status and requires a formal proposal and advance approval from the instructor.			
Restricted Electives <i>Students select a minimum of 11 credits from among the following courses:</i>			
ANTH 25000	Human Variation: "Race," Biology, and Culture	3	
CMST 11500	Business & Professional Comm	3	
CSCR 43300	Education, Oppression, and Liberation	3	
EDUC 10200	Reading Foundations	2	
EDUC 20000	Education and Society	3	
EDUC 21800	Introduction to Pedagogy and Practice	3	
EDUC 21910	Early Field Experience: Theory and Practice	3	
EDUC 22000	Issues in Elementary Education	3	
EDUC 22900	Second Language Acquisition: Its Nature and Meaning for Educators	3	
EDUC 23900	Educating Students with Special Needs in Diverse Classrooms	3	
EDUC 29900	Research project in Education	3	
EDUC 290xx	Special Topics in Education	3	
EDUC 37000	Culture and Community in Education and Teaching	3	
EDUC 49700	Fieldwork in Education	1-9	
HLTH 11000	War, Hunger, and Genocide: An International Health Perspective	3	
ENGL 35100	Studies in Young Adult and Children's Literature	3	
ENGL 38700	Teaching Literature in Middle School and High School	3	
MATH 16300	Numbers in Education	3	
MATH 22000	Mathematics for Childhood Education	3	
PHIL 26000	Difference and Community	3	
POLT 23000	The Holocaust	3	
POLT 33500	Crossing Borders/Global Migration	3	
PSYC 10400	Introduction to Developmental Psychology	3	
SOCI 13000	Youth and Youth Cultures	3	
SOCI 29300	Introduction to Social Institutions and Organizations	3	
STCM 21000	Instructional Design	3	
WGST 22000	Queer Studies (DV)	3	

TOTAL CREDITS: 18

Students in the Psychology department can use this minor to meet the CLA requirement in the ICC

Business Minor

This minor overlaps with the Applied Psychology major so Applied Psych students can complete it with only **three** courses beyond their major requirements. Courses in italics “double dip” with Applied Psychology.

Select any six of the following courses		
Course Number	Course Title	Credits
<i>GBUS 20300</i>	<i>Legal Environment of Business</i>	3
<i>MKTG 31200</i>	<i>Principles of Marketing</i>	3
<i>MGMT 20600</i>	<i>Organizational Behavior & Management</i>	3
MGMT 30200	Applied Ethical Issues in Management ¹	3
MGMT 26000	Business Analytics & Technology ¹	3
INTB 26500	International Business Operations ²	3
ACCT 22500	Financial Accounting ¹	3
ACCT 22600	Management Accounting	3
FINA 31100	Business Finance	3
MGMT 34500	Operations Management	3

TOTAL CREDITS FOR MINOR 18

NOTES:

1. The prerequisites for these courses are built into the Applied Psychology major
2. INTB 26500 requires both Macro AND Micro Economics

Marketing Minor

This minor overlaps with the Applied Psychology major so Applied Psych students can complete it with only **two** courses beyond their major requirements. Courses in italics “double dip” with Applied Psychology.

Course Number	Course Title	Credits
<i>ECON 12200</i>	<i>Principles of Microeconomics</i>	3
<i>PSYC 20700</i>	<i>Statistics in Psychology</i>	4
<i>MKTG 31200</i>	<i>Principles of Marketing</i>	3
<i>MKTG 32300</i>	<i>Consumer Behavior</i>	3
MKTG 38000	International Marketing	3
MKTG 41100	Marketing Analytics	3

TOTAL CREDITS FOR MINOR 19

Business Analytics Minor

This minor is ideal for students interested in research and statistical analysis.

Course Number	Course Title	Credits
<i>PSYC 20700</i> or MATH 14400 or MATH 14500 or MATH 21600	<i>Statistics in Psychology</i> or Statistics for Business or Statistics for Health or Statistical Analysis	3-4
MATH 24600	Intermediate Statistics	3
<u>MGMT 24600</u>	<u>Business Analytics and Technology</u>	3
MGMT 36500	Intermediate Business Analytics	3
MGMT 48100	Advanced Decision Making with Analytics	3

TOTAL CREDITS FOR MINOR 15-16

Other Minors by Career Goal

While students can select any minor (except Psychology) offered at Ithaca College, the table below contains suggestions for minors that compliment different areas of psychology.

Area of Interest	Related IC Minors
Therapy	Counseling Religious or Jewish Studies (Pastoral counseling) Women's and Gender Studies Art or Dance (art or dance therapy) Health (substance abuse counseling) Business (if planning private practice)
Forensic psychology/Law	Legal Studies History Sociology Politics
School/Educational psychology	Educational Studies Sociology Counseling
Teaching	Educational Studies Deaf Studies Dual Major (e.g., Social Studies with Teaching Option & Psych)
Health psychology	Health Integrative Health Studies Biology
Sport psychology	Coaching Recreation Sport & Exercise Psychology Exercise Science Outdoor Pursuits
Allied Health (nutrition, PT/OT, PA, Nursing)	Nutrition Science Exercise Science Neuroscience Nutrition Promotion Biology Communication Disorders
Neuropsychology/experimental psychology	Neuroscience Biology Math
Industrial/Organizational psychology Management	Pre-MBA Occupational Science Health Policy & Management Communication Management & Design Business International Business Studies
Human Factors	Environmental Studies
Environmental psychology	Environmental Studies Art Art History
Cognitive psychology	Biology Math
Testing/Measurement/Statistics	Math Data Science Business Analytics
Social psychology	Sociology Women's & Gender Studies Latin American Studies Asian American Studies Native American Studies Anthropology Latino/a Studies African Diaspora Studies Muslim Cultures
Consumer behavior, Advertising, Marketing, Sales	Marketing Integrated Marketing Communication Business
Human Development	Aging Studies Women & Gender Studies

Other Minors that may make you more marketable:

Spanish
Writing

Deaf Studies
Computer Science

Web Programming

Pre-Medical Preparation (not a minor)

All students interested in a career in a health-related field (allopathic medicine, osteopathic medicine, veterinary medicine, podiatric medicine, chiropractic medicine, dentistry, optometry, etc.) should examine the detailed information available at the Pre-Medical option website: <http://www.ithaca.edu/hs/pre/med>

Below is a list of required courses for most health science professions. Students should be aware that some schools have specific course requirements beyond this list and they should check the specific requirements for the programs they are interested in.

Most of the courses on this list are sequential (e.g., you have to take Biology I before Biology II) and are NOT offered both Fall and Spring. So, it takes **three years** to complete this curriculum at Ithaca College.

Course Number	Course Title	Credits
BIOL 11900 & BIOL 12000 or BIOL 12100 & BIOL 12200	Fundamentals of Biology I & II Principles of Biology I & II	8
CHEM-121	Principles of Chemistry	4
CHEM 122	Principles of Chemistry Lab	1
CHEM-221	Organic Chemistry I	3
CHEM-124	Experimental Chemistry I	2
CHEM-222	Organic Chemistry II	3
CHEM-232	Quantitative Chemistry	3
CHEM-225	Experimental Chemistry II	2
PHYS 10100 & PHYS 10200 or PHYS 11700 & PHYS 11800	Introduction to Physics I & II or Principles of Physics I & II	8
ENGL-XXX	English	3
WRG-XXX	Writing	3
PSYC 20700 or MATH	Statistics	3-4
PSYC 103 or 104 or 201	General or Developmental Psychology	3
SOCI 101	Intro to Sociology	3

Courses recommended, but not required include: Calculus, advanced Biology, Chemistry, or Physics

Suggested upper level electives useful for Med School:

Biochemistry (*highly recommended – may become a requirement in the near future*), Physiology, Developmental Biology, Microbiology, Neurobiology, Parasitology, Endocrinology

Students in the psychology department should see the Appendix for recommended schedules to use to combine pre-med with the BA and BS programs.

Students in the Psychology department can courses from this program to meet the CLA requirement in the ICC (use the “Self-designed suite” option).

ADVISING AND REGISTRATION

Your Academic Advisor

Every student in the psychology department is assigned a department faculty member to serve as his/her academic advisor. B.S. in Applied Psychology students are all advised by the program coordinator, Professor Lynn, unless they request a different advisor. B.A. in Psychology students are distributed among the other continuing faculty. In general, you do not have to stay with your assigned advisor if you want to switch to someone else in the department.

At a minimum, you must see your advisor prior to class registration in the fall and in the spring. During these meetings you will review your progress toward graduation, career and academic interests, plan for the upcoming semester and get your registration access code so that you can register for classes. During the advising period for registration, come with a list of courses you are interested in taking next term, alternative course choices, and the meeting times for these courses. In addition to these two required meetings, you should feel free to see your advisor at any time that you need help. You are in charge of your decisions; your advisor is there to provide advice, not make decisions for you. More information about all things advising can be found at <http://www.ithaca.edu/hs/advising/>.

Tracking Your Progress

It is your responsibility to be aware of the requirements for your degree and what you need to do to graduate on time. The official requirements for graduation are contained in the Ithaca College Undergraduate Catalog for the academic year that you declared your major. So, if you entered IC in the Fall of 2017 as a Psychology BA major, you will need to complete the requirements for the degree that were published in the 2017-2018 catalog. However, if you entered IC in the Fall of 2017, but did not officially become a major until Fall of 2018, you need to complete the requirements for the degree that were published in the 2018-2019 catalog.

Your advisor will help you understand what requirements you have completed, and what you need to complete. However, the most accurate source of information is Ithaca College's degree audit software called **Degree Works**. You can use this application to track your progress in your major, your minor AND figure out what you would need to complete if you wanted to switch or add a major or a minor. For more information see: https://www.ithaca.edu/registrar/degree_eval/

Paperwork

Most of the paperwork you will need to do (e.g. Course Override Requests, Change of Major) can be found in IC Workflow. All other forms are on the Registrar's website. A complete list of forms and their location can be found here: <https://www.ithaca.edu/registrar/students/>

Academic Advisor

- An official of the college who assists students in pursuing his/her educational goals. At IC, there are two different types of advising resources: professional academic advisors and faculty advisors.

Add/Drop

- Ability to add or drop courses to your schedule without any academic penalty.
- Consult the Office of the Registrar's Academic Calendar for specific dates for Add/Drop for each semester.

Block 1 and Block 2 Courses

- **Block I** courses meet during the first 7 weeks of the semester.
- **Block II** courses meet during the last 7 weeks of the semester.

Credit Hours

- Time requirements associated with a course.
- **EX: A 1 credit course generally meets for 1 hour per week and a 4 credit course meets for 4 hours per week.**
- **Outside expectations**
 - A general rule of thumb: devote 3 hours of time outside of class (homework, reading, studying, etc.) for every 1 hour you spend in class each week. For a typical 3 credit class you should be devoting 9 hours per week to outside work.

Class Day Codes

- These codes are used in Homer to show which days of the week a course is offered:
 - **M** Course meets on **Monday**
 - **T** Course meets on **Tuesday**
 - **W** Course meets on **Wednesday**
 - **R** Course meets on **Thursday**
 - **F** Course meets on **Friday**

Example: A course listed as **TR** meets on **Tuesday and Thursday**. A course listed as **MWF** meets on **Monday, Wednesday and Friday**.

Course Prefixes and Levels

- **Course prefix** = subject (for example, CMST = Communication Studies; PSYC =Psychology).
- **Course number (5 digits)**. Indicates information about course, including level of difficulty.
 - CMST 11500 *Business and Professional Communication* is a **Level 1** course – it starts with "1".
 - SOCI 20700 *Race and Ethnicity* is a **Level 2** course – it starts with "2".
 - **Level 3 and 4** courses are generally taken by juniors and seniors.

Course Reference Number (CRN)

- Unique five digit identification number associated with a specific class and time.
- Located after the course title in HomerConnect (before course prefix and level).
- **IMPORTANT:** During registration, you will need the CRN for every course and lab that you want to take.

Dean's List

- Academic recognition for performance during a given semester.
- You must enroll in **15 credit hours** in a semester to be eligible for the Dean's list that semester.
- **12 of the 15 credits must be taken for a grade; 1 course may be ungraded (Pass/Fail or SDF).**
- Specific GPA requirements to be on the Dean's List vary depending on School.

HomerConnect (www.ithaca.edu/homer)

- Used to register for classes, to request a transcript, to search for classes, to view your placement test scores and to keep track of the courses you have taken and how they fulfill graduation requirements for your major (your degree evaluation).
- Your HomerConnect ID is your student number. HomerConnect also requires that you create a PIN.

Placement Exams

- Used to make sure students are beginning at the correct level of a course that requires prior knowledge. Some examples include:
 - **Mathematics placement exam**
 - **Quantitative literacy readiness exam**
 - **Language placement exam**
- Placement exams are available through Sakai as part of the orientation process: <https://sakai.ithaca.edu>.
- Additional proficiency exams may be required depending on a student's academic program of study.

Prerequisite

- Indicates a course or criterion which must be completed prior to enrolling in another course.
- You can check prerequisites by looking at course descriptions in the catalog. www.ithaca.edu/catalogs/

S/D/F Option

- Allows exploration and experimentation in curricular areas in which there is little or no previous experience.
- You may take one course per semester on a Satisfactory/D/Fail basis.
- You can use the S/D/F option a total of four times during your whole time at IC.
- Courses required for your major or minor cannot be taken SDF.
- You also have the option to revoke the SDF option at mid-term time (check the Academic Calendar for dates).
- To get an "S" for the course, you must earn a C- or better. The "S" does not factor into your GPA. If you get a D or F it will show on your transcript and factor into your GPA.

Semester Course Load

- **12 credit hours** – Full time status as an Ithaca College student
- **15 credit hours** – Minimum number you need to take each semester to stay on track to graduate in four years
- **18 credit hours** – Maximum number you can take without being charged extra tuition.

Seminar

- Designed to promote deeper study and discussion of a subject and may have a lower cap on the number of students allowed to enroll.
- First- year students are required to take the Ithaca College Seminar (ICSM).

Withdrawals

- Removing a class from your course schedule once the add/drop period has passed.
- Consult the Academic Calendar for the withdrawal deadline.
- If you withdraw from a course, a "W" will appear on your transcript and degree evaluation. The "W" does not factor into your GPA.
- Consult with an advisor to understand the ramifications of taking a "W" for a course.

Registration Terms and Rules

EXPERIENTIAL LEARNING

Experiential learning is when students make meaning out of direct experience. It is basically learning by doing. Internships are one example of experiential learning, but there are several other opportunities for experiential learning in the Psychology Department at Ithaca College.

Internships

An internship is a learning experience which allows a student to synthesize his/her academic learning in psychology with the real-world uses of psychology. Internships are important to students planning to search for a job after graduation from IC as well as those planning to attend graduate school. For those planning to work, research shows that students who do internships earn more money in their first job than students who do not do internships⁸. Graduate school application committees (particularly those in clinical and counseling) also value real world experience in some type of human service setting.

For students in the Psychology BA program, an internship is a highly recommended elective. For students in the Applied Psychology BS program 6 credits in internship is an option for completing the experiential learning requirements. All students in the Counseling minor are required to complete 3 credits of internship—these credits can also count toward the Applied Psychology experiential learning requirement.

Types of Internships

There are two types of internships – those you do for college credit and those you do for no credit. Both types look equally good on a resume.

Internships for credit. Juniors and seniors can earn college credit hours (up to 12 hours a semester) for an appropriate internship. Internships for credit can be taken either during Fall or Spring semesters, or during the summer. In general, students are required to devote 60 hours to the internship for each credit earned. For a 3 credit internship this translates to 180 hours over the semester or about 12 hours a week. This time includes time spent working at the internship site and time spent doing other tasks (reading, writing, etc.) related to the internship. Students doing a summer internship for credit have to register and pay for the credit hours at Ithaca College. Students may earn credit hours and be paid for an internship.

Internships for no credit. Students can sometimes do internships without registering for college credit hours. These might be paid internships, or volunteer. The advantage to these internships is that they may be open to Freshman and Sophomores, and summer internships do not require students to pay additional tuition. However, many internships with for-profit organizations require student interns to register for credit hours. Before applying for an internship you should find out if the organization requires you to register for internship credit hours.

Minimum Prerequisites for an Internship for Credit

- Must have completed 75% (90 credits) of their program. For most students this is in the Junior year.
- Not on warning for credits or grades. This means that you must be making progress toward graduation and have a GPA of 2.0 or higher.

See <https://www.ithaca.edu/hs/students/experiential/learninginhs/> for more information. Many internships have additional requirements in terms of coursework and/or grades.

⁸ Godofsky, J., Zukin, C. & Van Horn, C. (2011). Unfulfilled expectations: Recent college graduates struggle in a troubled economy. WorkTrends report from the John J. Heldrich Center for Workforce Development, Rutgers University.

Getting an Internship

No one at Ithaca College will “find” an internship for you. You need to search and apply for internships the same way you search and apply for jobs. The most successful applicants are those who have completed some coursework related to the internship with good grades and have a professional appearing resume and cover letter. Below are some resources that can help you in your search:

Internships in Human Services. Students interested in internships related to clinical or counseling psychology should see Dr. Stephenson. They have suggestions for local placements working with people. Students in the Counseling minor are required to do a human service internship for credit.

Internships in Education/School Psychology. Students considering school psychology or a career in education should see Dr. Pena Shaff for suggestions for local placements. Students committed to earning a master’s in education – those who want to teach at the K-12 level – should contact the Education Department to try to take EDUC 21910 (Early field experience).

Internships in other Settings. The majority of psychology majors have careers that may seem unrelated to psychology. They work in management, business, law, marketing, advertising, etc. Students interested in internships in these areas should see Dr. Lynn.

Sources for Internship Placements

Internship Field	Website	Notes
Human Resource Management, Law, Business, Marketing	https://careerservices.ithaca.edu/	IC Career Services
Advertising, Instructional Design, Event Mgmt.	https://www.ithaca.edu/rhp/internships/	Park School search engine
Almost anything	http://www.ithaca.edu/oip/nyc/	Semester in NYC program includes a 6 credit internship.
Almost anything	https://careerservices.ithaca.edu/	IC Career Services
Local Human Service Internships	http://www.ithaca.edu/hs/minors/counseling/1/	

Research Team

<https://www.ithaca.edu/academics/school-humanities-and-sciences/psychology/research-teams>

Research teams make the psychology curriculum at Ithaca College unique, offering students the opportunity to work with a faculty member and a small group of students to create original research. The experience spans three semesters with the same team and provides exposure to opportunities to learn both about the research process and about a field of interest to the student. During those three semesters students will design studies, collect and analyze data, and present the findings at conferences and/or help write a publication. Three semesters of research team are required for students in the Psychology BA program and are an option for students in the Applied Psychology BS program.

The minimum prerequisite for research team is enrollment in or the successful completion of PSYC 308 (Research Methods). The prerequisite for PSYC 308 is PSYC 207 (Statistics in Psychology). We recommend that students take PSYC 308 in Spring of Sophomore year or Fall of Junior year so that you can begin Research Team Fall or Spring Junior year.

In addition to the course prerequisite for Research Team, you also have to have the permission of the professor leading the team to enroll. There are approximately 9 different research teams so most students can find a team that fits their interests. To increase the chances that you can get onto the team that most interests you, you should begin learning about the options for team during sophomore year. You can find information about each team on the department website. **Prior to registering for Team you MUST meet with the faculty member leading the team to get permission to enroll.** The department tries to place students into their first choice team, but there is no guarantee you will get that team so you should talk to at least three professors.

Lab Assistant

Each year the psychology department hires approximately 10 Junior and Senior level majors to serve as Lab Assistants (LAs) for the freshman level Psychology Professional Development I course (PSYC 114). LAs each run one lab section of the course. For their section, LAs teach and supervise the laboratory exercise and mark the assignments so that the professor in charge of the course can grade them. LAs also hold weekly office hours and meet weekly with the professor in charge of the course. Students are paid to be LAs.

Being an LA is a highly coveted and valuable experience that can be helpful for students planning to go on to graduate study and those planning to work right after graduation. To become an LA you must be nominated by a faculty member in the department. Selected students are typically those who have a high GPA and have (or seem to have the potential to develop) good leadership, teaching and organizational skills. If you are interested in becoming an LA you should speak to your advisor or another faculty member in the department and let him/her know of your interest. LAs are typically selected in the spring for positions that begin the following academic year. So, spring of your sophomore year is a good time to think about this opportunity.

Teaching Assistant

Most faculty in the department hire at least one Teaching Assistant (TA) a year. TAs are usually Juniors and Seniors, but sometimes Sophomores are selected. The job responsibilities of a TA vary from professor to professor, but might include marking assignments, helping with paperwork, tutoring students, etc. Faculty use different criteria for choosing a TA depending upon the course. If you are interested in TAing for a particular course please talk to the professor for that course. If you are interested in becoming a TA and don't have a particular course in mind, please speak to the administrative assistant in the main office.

In addition to regular course TAs, the department also hires 2 students a year to serve as statistics TAs and staff the statistics classroom in Williams 203. These TAs are joint hires of the psychology department and Information Technology Services (ITS). They receive training from ITS on computer lab maintenance and trouble shooting and are responsible for helping to maintain Wm 203 as well as assist students in PSYC 207 (Statistics in Psychology). To be eligible for this position you must have completed PSYC 207 with an "A" and have (or have the potential to develop) good teaching skills. If you are interested in this position see Dr. Lynn.

OTHER PROGRAMS & OPPORTUNITIES

Honors in Psychology

To graduate with departmental honors in psychology students must successfully complete and defend an Honors Thesis during their Senior year. An Honors Thesis is a presentation of lab or field research or may be based on library research.

To be eligible to do an Honors Thesis, a student must:

- Be a Psychology or Applied Psychology major or a Psychology minor
- Have a 3.00 average in psychology and an overall GPA of 3.00 (In exceptional cases, a student with a GPA as low as 2.70 may be considered if performance in psychology courses is outstanding.)
- Have no grade in psychology courses lower than C.

Eligible students must find a faculty sponsor from the psychology department. Other advisers (outside of psychology) may be required depending on the nature of the project. The project must fall clearly within the field of psychology.

Once the student and sponsor have identified a topic, the student presents a formal research proposal to the department faculty (in Fall of the Senior year), both orally and in writing following APA format. After approval, work on the project may begin. While the project is under way, the student will work closely with the faculty sponsor. Must students register for PSYC 452 (Advanced Independent Supervised Research) for 3 credits both Fall and Spring semesters to cover the time they spend working on the Thesis. The student must present the finished Honors Thesis both orally and in writing in Spring of the Senior year to the department faculty and the faculty must vote to approve it for honors.

Psi Chi

<http://www.psichi.org/>

Psi Chi is the International Honor Society in Psychology, founded in 1929 for the purposes of encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology. To be eligible for Psi Chi students must:

- Be a Psychology or Applied Psychology major
- Have 60 or more total credits
- Have 15 credits of graded psychology coursework with 6 credits at the 300 level or higher.
- Have a cumulative GPA of 3.3 and 3.5 in psychology courses

Eligible students will be notified by the department in Spring of the Junior or Senior year and induction occurs at the end of Spring semester.

Sigma Xi

http://www.ithaca.edu/hs/awards_and_honors/honor/sigmaxinat/

Sigma Xi, The Scientific Research Society, is a national honor society of approximately 60,000 scientists and engineers who are elected to the society because of their achievements or potential in research. Founded in 1886, Sigma Xi has more than 500 chapters at universities and colleges (including Ithaca College), government laboratories and industry research centers.

In addition to publishing *American Scientist* magazine, Sigma Xi awards grants annually to promising young researchers, holds forums on critical issues at the intersection of science and society, and sponsors a variety of programs supporting honor in science and engineering, science education, science policy and the public understanding of science.

Typically, students are nominated for membership in Sigma Xi during the Senior year. The criteria for being nominated at Ithaca College are:

- Either authorship/co-authorship of a publication in a recognized scientific journal, OR
- Presentation of a paper at a recognized scientific conference (e.g., ECSC, regional discipline meetings, NCUR, Sigma Xi conference)
- Clear intention of going further in a research environment, e.g. graduate school.
- At least a 3.0 cumulative grade point average. (In the event of nomination of a non-senior, ordinarily an overall GPA of 3.3 and a science GPA of 3.5 are required). Faculty nominators should submit the student's GPA along with the nomination form.

Student Psychology Association

(spa@ithaca.edu)

The Student Psychology Association (SPA) is a club open to all majors in the department. SPA sponsors various events including guest speakers, sessions on graduate school admissions and various social events.

APPENDIX A: SAMPLE SEMESTER BY SEMESTER PLANS

Applied Psychology B.S.

Freshman Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Ithaca Seminar	4	PSYC 202 Motivation	3
PSYC 103 General Psych	3	Math course (MATH 105, 107, 108 or 111)	3-4
PSYC 114 Professional Dev. I	3	Development area course	3
WRWG 106 Academic Writing	3	ICC Theme & Perspective course	3
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
Total Credits	16	Total Credits	15-16

Sophomore Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
PSYC 207 Statistics in Psychology	4	PSYC 308 Research Methods	3
Economics course (ECON 121 or 122)	3	GBUS 203 Legal Enviro Business	3
MGMT 206 Organizational Beh & Mgmt	3	COMP 110 Computer & Info Tech	3
ICC Theme & Perspective course	3	Biological Bases area course	3
Elective/Minor/CLA course	3	ICC Theme & Perspective course	3
Total Credits	16	Total Credits	16

Junior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
PSYC 309 Methods Testing	3	MKTG 312 Principles of Marketing	3
Personality/Social area course	3	Applied area course	3
WRWG 211 Writing for the Workplace (WI)	3	PSYC 398 Professional Dev. II	1
ICC Theme & Perspective course	3	Research Team or Internship	2
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
Total Credits	15	Total Credits	15

Senior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Research Team or Internship	2	Senior Seminar	3
ICC Diversity course (DV)	3	PSYC 498 Capstone in Psychology (CP)	1
Elective/Minor/CLA course	3	Research Team or Internship	2
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
Total Credits	14	Total Credits	15

Psychology B.A. Advising Sheet

Psychology BA majors must take AT LEAST TWO PSYC COURSES that meet the Sociocultural Competence requirement (CC).

Freshman Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Ithaca Seminar	4	Level 2 Exploration course	3
PSYC 103 General Psych	3	ICC Theme & Perspective course	3
PSYC 114 Profession Dev. I	3	ICC Diversity (DV) course	3
WRITG 106 Academic Writing	3	Elective/Minor/CLA course	3
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
Total Credits	16	Total Credits	15

Sophomore Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Level 2 Exploration course	3	PSYC 207 Statistics in Psychology	4
ICC Theme & Perspective course	3	Upper level content course	3
ICC Writing Intensive (WI) course	3	ICC Theme & Perspective course	3
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
Total Credits	15	Total Credits	16

Junior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
PSYC 308 Research Methods	3	PSYC 309 Methods Testing	3
Upper level content course	3	Upper level content course	3
ICC Theme & Perspective course	3	PSYC 398 Professional Dev. II	1
Elective/Minor/CLA course	3	First semester research team	2
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
		Elective/Minor/CLA course	3
Total Credits	15	Total Credits	15

Senior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Upper level content course	3	Senior Seminar	3
Upper level content course	3	PSYC 498 Capstone in Psychology (CP)	1
Second semester research team	2	Third semester research team	2
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
		Elective/Minor/CLA course	3
Total Credits	14	Total Credits	15

APPENDIX B: ICC ADVISING SHEET

Themes and Perspectives (16 credits):

Requirement	Credits	Completed	Theme	Course
Ithaca Seminar	4			
Creative Arts Perspective (CA)	3			
Humanities Perspective (HM)	3			
Natural Sciences Perspective (SC)	3			
Social Sciences Perspective (SO)	3			

First-Year Composition Course (3 credits) *Fulfilled in one of the following ways:*

Requirement	Completed	Course
WRTG 10600, Academic Writing I, or		
ICSM 108xx or 118xx or		
A score of 4 or 5 on the AP English Language & Composition OR AP English Literature & Composition exams or		
Transfer credit for WRTG 10600		

Quantitative Literacy (0-1 credit)**

Requirement	Score
Math placement score of 1, 2, or 3	

ICC Capstone (0-4 credits)

ICC Capstone	Completed	Course

ICC Portfolio (0 credits)

Date Completed	Note

Themes and Perspective Courses:

- ✓ may not apply toward student's major program
- ✓ must be taken at Ithaca College
- ✓ cannot use AP/IB/CLEP or transfer credits
- ✓ if a course is designated for two perspectives within chosen theme, it can be used for both perspectives; however, student still must have 16 credit hours in themes and perspective component of ICC
- ✓ can be taken on the S/D/F basis

Quantitative Literacy:

- ✓ MATH 10000 or MATH 18000 will be required for students who have a math placement score of 4

ICC Capstone:

- ✓ must be taken at Ithaca College

**Score is found with Math Placement Score in Test Scores on Degree Works.

Attribute Requirements

Requirement	Credits	Course Taken	Completed
Quantitative Literacy course (QL)	3	<i>PSYC 207 (BA & BS)</i>	
Writing Intensive course (WI)	3	<i>WRTG 211 (BS only)</i>	
Diversity course (DV)	3		

Complementary Liberal Arts (CLA) Requirement (12 liberal arts credits required)

Options(choose one)	Courses
1. Minor (must have 12 LA credits):	1. _____ 2. _____ 3. _____ 4. _____
2. Second major	1. _____ 2. _____ 3. _____ 4. _____
3. 12 credits in a second language***	1. _____ 2. _____ 3. _____ 4. _____
4. Self-designed suite of classes	1. _____ 2. _____ 3. _____ 4. _____

***If this option is selected, student must complete 12 hours of coursework in a single language other than English. Courses taken to fulfill language proficiency requirements for the primary major may not count toward the 12 hours required for this option.

A. Lynn
8/2018

Attribute Courses: Diversity, Quantitative Literacy, and Writing Intensive Courses:

- ✓ courses can be taken within student's major, minor, CLA, electives or other ICC courses
- ✓ dual designated attribute courses will count for both attributes
- ✓ transfer, AP, IB or CLEP courses can fulfill the QL, WI, or DV requirements
- ✓ can be taken on the S/D/F option if course is not a requirement for major, minor, or CLA
- ✓ WRTG 10600, Academic Writing, is a prerequisite for Writing Intensive Courses (WI)

Complementary Liberal Arts (CLA):

Find details at:

<http://www.ithaca.edu/hs/faculty/hsgened/hscclaprogram/>
<http://www.ithaca.edu/hs/advising/faqs/>

- ✓ minimum of 12 liberal arts credits
- ✓ cannot use AP/IB/CLEP credits
- ✓ courses required by major cannot be used for CLA (includes named courses, courses from specific departments, and proficiency-based requirements)
- ✓ courses must be taken at Ithaca College (except as part of an approved major or minor)
- ✓ courses must be taken for a letter grade; S/D/F option is not allowed (except as part of an approved minor or major)

NOTE: courses taken in an affiliated study abroad program or in the IC/CU Exchange Program may be applied to the H&S CLA through the normal petition and transfer credit process

APPENDIX C: SAMPLE SCHEDULES FOR PSYCHOLOGY WITH PRE-MED

Psychology BA + Pre-Med Sample Schedule

Freshman Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Ithaca Seminar	4	Level 2 Exploration course	3
PSYC 103 General Psych	3	ICC Theme & Perspective course	3
PSYC 114 Profession Dev. I	3	ICC Diversity (DV) course	3
WRTG 106 Academic Writing	3	MATH 111 Calculus I	4
BIOL 121 Principles of Bio	4	BIOL 122 Principles of Biology	4
Total Credits		Total Credits	
17		17	

Sophomore Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Level 2 Exploration course	3	PSYC 207 Statistics in Psychology	4
ICC Theme & Perspective course	3	Upper level content course	3
ICC Writing Intensive (WI) course	3	ICC Theme & Perspective course	3
CHEM 121 Principles of Chemistry	3	CHEM 124 Experimental Chemistry I	2
CHEM 122 Principles of Chemistry Lab	1	CHEM 221 Organic Chemistry I	3
SOC1 101 Intro to Sociology	3		
Total Credits		Total Credits	
16		15	

Junior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
PSYC 308 Research Methods	3	PSYC 309 Methods Testing	3
ICC Theme & Perspective course	3	Upper level content course	3
CHEM 225 Experimental Chemistry II	2	PSYC 398 Professional Dev. II	1
CHEM 222 Organic Chemistry II	3	First semester research team	2
PHYS 101 Intro to Physics I	4	CHEM 232 Quantitative Chemistry	3
		PHYS 102 Intro to Physics II	4
Total Credits		Total Credits	
15		16	

Senior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Upper level content course	3	Senior Seminar	3
Upper level content course	3	PSYC 498 Capstone in Psychology (CP)	1
Second semester research team	2	Third semester research team	2
Upper level content course	3	Elective/Minor/CLA course	3
Elective/Minor/CLA course	3	Elective/Minor/CLA course	3
		Elective/Minor/CLA course	3
Total Credits		Total Credits	
14		15	

Notes:

1. All BA students must take one Level two course designated ACS and one designated CC.
2. The Premed science courses can count for the ICC CLA

Applied Psychology BS + Premed Sample Schedule

Freshman Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Ithaca Seminar	4	PSYC 202 Motivation	3
PSYC 103 General Psych	3	MATH 111 Calculus I	4
PSYC 114 Professional Dev. I	3	Development area course	3
WR TG 106 Academic Writing	3	ICC Theme & Perspective course	3
BIOL 121 or BIOL 119 Principles Bio.	4	BIOL 122 or BIOL 120 Principles	4
Total Credits		Total Credits	
17		17	

Sophomore Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
PSYC 207 Statistics in Psychology	4	PSYC 308 Research Methods	3
Economics course (ECON 121 or 122)	3	GBUS 203 Legal Enviro Business	3
MGMT 206 Organizational Beh & Mgmt	3	COMP 110 Computer & Info Tech	3
ICC Theme & Perspective course	3	Biological Bases area course	3
CHEM 121 Principles of Chemistry	3	CHEM 221 Organic Chemistry I	3
CHEM 122 Principles of Chemistry Lab	1	CHEM 124 Experimental Chemistry I	2
Total Credits		Total Credits	
17		17	

Junior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
WR TG 211 Writing for the Workplace (WI)	3	PSYC 398 Professional Dev. II	1
CHEM 222 Organic Chemistry II	3	Research Team or Internship	2
CHEM 225 Experimental Chemistry II	2	CHEM 232 Quantitative Chemistry	3
PHYS 101 Intro to Physics I	4	PHYS 102 Intro to Physics II	4
ICC Theme & Perspective course	3	ICC Theme & Perspective course	3
		SOC 101 Intro to Sociology	3
Total Credits		Total Credits	
15		16	

Senior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Research Team or Internship	2	Senior Seminar	3
ICC Diversity course (DV)	3	PSYC 498 Capstone in Psychology (CP)	1
Personality/Social area course	3	Research Team or Internship	2
MKTG 312 Principles of Marketing	3	Applied area course	3
PSYC 309 Methods Testing	3	Elective/Minor	3
		Elective/Minor	3
Total Credits		Total Credits	
14		15	

Notes:

1. Applied Psychology majors can choose either six credits of Research Team or Internship. However, we recommend that Premed students choose Research Team.
2. The Premed sciences courses will count for the ICC CLA

APPENDIX D: COURSE PLANNING WORKSHEET

Freshman Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Total Credits		Total Credits	

Sophomore Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Total Credits		Total Credits	

Junior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Total Credits		Total Credits	

Senior Year

Fall Semester		Spring Semester	
Course #/Name	Credits	Course #/Name	Credits
Total Credits		Total Credits	

Fall 2020 Academic Calendar

Tuesday	September 8	Dual Instruction begins for Semester & Block I Courses *
Monday	September 14	Last Day to ADD/DROP Semester Courses* Last Day to ADD/DROP Block I Courses * Last Day to Audit Semester & Block I Courses *
Friday	September 18	Last Day to Request S/D/F Option for Block I Courses *
Friday	September 25	Last Day to Request S/D/F Option for Semester Courses*
Monday	October 5	On-campus Instruction Begins for Semester & Block I Courses *
Friday	October 9	Last Day to Withdraw with "W" in Block I Courses * Last Day to Revoke S/D/F Option in Block I Courses *
Friday	October 23	Block I Ends*
Sunday	October 25	Block I Final Grades Due (online) 10:00 p.m.*
Monday	October 26	Block II Begins*
Wednesday	October 28	Mid-Term Grades Due (online) 10:00 p.m.*
Friday	October 30	December 2020 Application for Graduation Due (online)*
Sunday	November 1	Last Day to ADD/DROP Block II Courses * Last Day to Audit Block II Courses *
Friday	November 6	Last Day to Request S/D/F Option for Block II Courses *
Tuesday	November 10	Spring 2021 Course Registration Begins *
Friday	November 13	Last Day to Withdraw with "W" in Semester Courses* Last Day to completely Withdraw or take Leave of Absence * from the college for the semester with "W" grades Last Day to Revoke S/D/F Option in Semester Courses*
Wednesday	November 25	No Classes
Thursday	November 26	No Classes, Thanksgiving
Friday	November 27	No Classes
Monday	November 30	Remote Only Instruction Begins
Monday	November 30	Last Day to Withdraw with "W" in Block II Courses * Last Day to Revoke S/D/F Option in Block II Courses *
Friday	December 11	May 2021 Application for Graduation due (online)*
Saturday	December 12	December Graduate Reception, details to be announced on Commencement website *
Monday	December 14	Last Day of Classes
Tuesday	December 15	Final Examinations Begin*
Friday	December 18	Final Examinations End*
Wednesday	December 30	Final Grades Due (online) by 12:00 noon